

# The Mag



MacIntyre

Providing support - your way

Issue 2

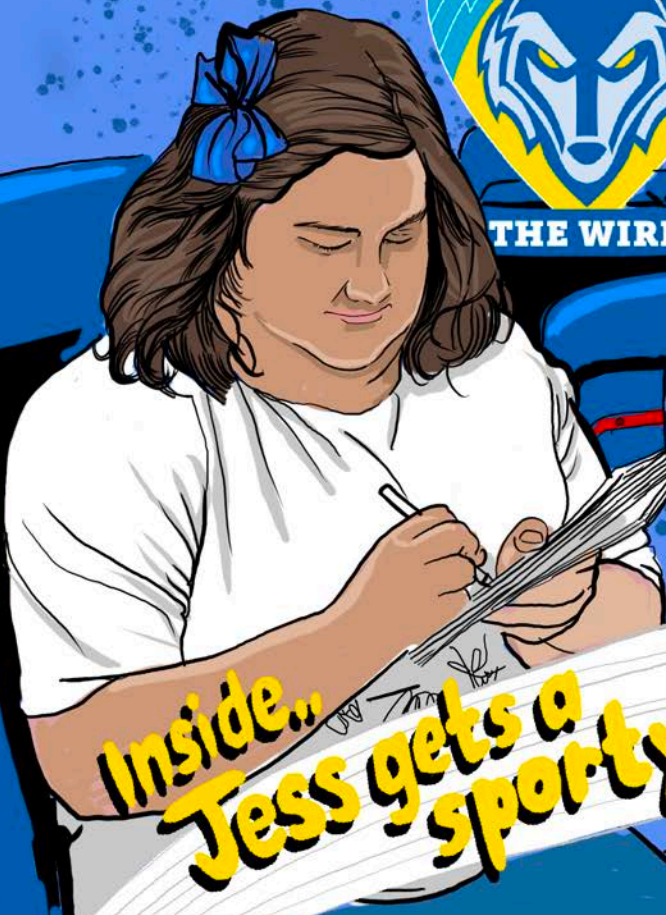
June 2024

[macintyretthemag.org](http://macintyretthemag.org)



THE WIRE

Rob  
Koyne  
2024



Inside...  
**Jess gets a sporty scoop**  
and much more!



**This edition of The Mag is brought to you by...**

**Kathryn**



**Rory**

**Grace**

**Jess**

**Sui-Ling**

**Will**

**Sarah**

**Lewis**



**The Mag Group**



# The Mag



## Welcome to The Mag

Welcome to the mag. As you know its full of great ideas (Rory wants a lightbulb emoji here) and information. In this issue we have raised in to another level with some fantastic articles. Sui Ling is talking about local elections, Jess is sharing some voting tips for autistic people. Sarah and Lew are getting green in their local community, Will is talking all things Valentines. We have Jess meeting her heroes at Warrington Wolves and I'm travelling back in time covering my employment journey looking at how important supported Internships are for people wanting to achieve that dream job.

Enjoy the read

Rory







# Rory's Stories.

A Supported Internship is a work experience programme for people aged 18-24 with learning difficulties and autism who wish to enter the world of work. An intern will spend most of the time at their work placement and one day at college.

The Supported Internship programme has been important to me because when I was an intern it gave me confidence and skills to get a paid job which I now have. It also helped me gain and realise the importance of friendship in the workplace.

*Me delivering the first issue of the mag to Neil Woodward. Thanks for the support!*



I interviewed several people currently involved in delivering supported internships in Warrington. The first person I interviewed was Paul Blaney-The Manager of Warrington Market.

### ***How does the employer benefit from the Supported Internship ?***

We benefit from the support given by the college. It helps develop our partnership with the community and Warrington Royal and Vale College. Also extra staff help deliver our service which is a big plus point.

### ***How does an intern get into paid employment ?***

The internship provides an opportunity to get to know the intern which built our confidence that they had the skills and ability when applying for a job .



*Me and Paul Blaney, The manager of Warrington Market.*





The second person I interviewed was Neil Woodward, the Inclusive Employment Manager for Warrington Borough Council. He works in the Education Services Department .

### ***What is Supported Internship?***

Supported Internship is a study programme for young people with a Education, Health and Care (EHC) Plan, aged 16-24 who desire to work.

### ***What do the students get out of it ?***

They spend a college educational year mainly in a job. They gain real work experience building skills and confidence with the support of a Job Coach.

*Me interviewing Neil at the amazing Warrington Market.*



Lastly, I interviewed Karen Warburton, the Internship Job Coach at Warrington Vale Royal college.

***What sort of jobs are your current interns doing?***

We have a range of jobs including hairdressing, mechanics, sports fitness and teaching.

***What challenges do interns face in their jobs?***

A lack of confidence. Sometimes it can be challenging for our interns working alongside people without learning difficulties but with experience and support they can achieve paid employment.

Sitting down with Karen Warburton  
at the Royal College.  
↙





# Jess meets Warrington Wolves



On Friday the 19th of April 2024 The Friendship Group and The Puddle Project were invited to attend The Captain's event. This is ran by James Howes who works for the Warrington Wolves Foundation and Carla and Adam from Livewire who also run Fit To Tackle. This is a campaign started by the Warrington Wolves Foundation as a way for people to get fit and active and to help people with their mental health. These sessions take place at the Halliwell Jones Stadium in Warrington. The Captain's event is the warm-up and training session before a match. I got the chance to watch the players train and get put through their paces. I even got the opportunity to cheer them on and clap while they were running out onto the pitch.



Me and the manager of Wolves foundation James Howes.





Me and head coach  
Sam Burgess



It was exciting meeting the players and getting the chance to talk to some of them. I got the opportunity to meet players: James Harrison and Ben Currie . I also got the chance to meet Sam Burgess who is Warrington's Head Coach. I felt fortunate but also starstruck to meet and talk to players I had been watching on TV over the years. I also got the signatures of some players and had my photo taken with them.

Me and  
Wolves centre  
Ben Currie





Me and Wolves player  
James Harrison



I loved the experience of meeting the players and getting photos and autographs off them. It was amazing and also really fun at the same time. I felt nervous at the start when I started asking the players the questions but then soon warmed up and got into the swing of things. Thank you Warrington Wolves for a great day.

Me and  
Adam  
from  
Live  
Wive



THE WIFE



Now here's a story that just missed the deadline for our first issue released back in February. When Will met with Pat who organised a Valentine's Day disco in Warrington.

***When and where was the Valentine's Disco?***

We held the disco on Wednesday 14th February 2024 in the function room at Alder Root golf course Warrington.

***Tell us about the event.***

Over 120 people attended and it was a great night as we had people we support attending, people from Shared lives and Great communities and people from the community that come to some of our other social nights. We dressed the room with Valentine themed decorations and Sandra provided the balloons. We had our resident disco DJ Alasdair playing some brilliant music. There was food for everyone with a choice of chicken curry and naan bread or a hotpot supper. There was lots of raffle prizes and a -acked dance floor full of fun and laughter.

***Do you enjoy organising the discos for MacIntyre?***

Yes, I love it. The My Voice group like to organise all of the events like the Halloween and Valentine's discos and they are always a good night. At the end everyone said they had a good time and cheered and they have asked for a summer ball where people can dress in black and white. You will have to come and join us, Will.





***Did anyone propose?***

Nobody proposed but we did have somebody ask someone else to be their girlfriend on the night.

***What was your favourite part of the night?***

My favourite part is seeing all of the dancing as it was a later night for everyone. I also enjoyed seeing people win on the raffle and everyone smiling and having a really good night.

Thanks for sharing such a brilliant night Pat.





# The Mag



JustGiving



The Mag is free for everyone at MacIntyre but if you would like to donate anything you can afford to help us cover our costs, please scan the code above. We will give you a shout out in a future issue.

*The Mag team*

My Vote   
My Voice

22%

SOURCE: UNITE

SAVE OUR  
PLANET



We had a voting day on 7th of June in Milton Keynes. Here are some of the highlights....

Vote  
Voice

We want you  
to use your  
vote!

My Vote   
My Voice

We want you  
to use your  
vote!

I am  
to use  
v

We w  
to u  
v

SANT





**We want you to use your vote!**

**We want you to use your vote!**

**I am going to use my vote!**

**I am going to use my vote!**

**I am going to use my vote!**

# My voting experience by Sui-Ling

On the 2nd Of May I went to vote in my local elections for the first time. Paul came over to my house and we looked at all the local candidates on his ipad. Some of the candidates did not even have pictures which was disappointing I decided who I wanted to vote for and we walked over to my polling station, the local community centre.

Me and Paul looking at  
the candidates online







← Me with my photo id.

I bought my photo I.D which was my bus pass. I checked on the website but the man on the front desk said this was not a valid form of I.D. I told him it said I could and he eventually let me make my vote. I placed my vote on the slip. It would have been helpful if they had pictures of the candidates on it to remind me of who I wanted to vote for.

Me outside the polling station with the Mag voting special →



When I came out the man on the desk told me off for folding my paper too many times and he said it takes a long time to unfold them.

It was not the best experience but I am still glad I voted.






On the Thursday 20th June 2024 I took the Sui-Ling show on the road to Kingston University in London. I was there to do a special on the Victoria and Stuart conference. The Victoria and Stuart Project is about finding the best ways to help people with learning disabilities plan for the end of their life. The group want to make sure that people with learning disabilities get the right care and support when they are ill and going to die. We will work with lots It was a big day as it was the launch of the project's new online toolkit which helps to aid conversations with people with autism and learning disabilities about death and dying. First I interviewed Irene Tuffrey Wijne and she told me about all the work that has gone into producing the new toolkit and how the project came to be.



*You can download the toolkit here.*

 SCAN ME





I also interviewed: Richard, Amanda, Leon and David who have helped put the toolkit together. It was great to talk to Victoria's mum Jean as well. There was lots of tears and lots of laughs too. We even finished off the day with The Conga!

It was a good day and I was proud to be a part of it.



SCAN ME

Scan here to see my interview with Irene.







Best wishes to Belinda Bradley our Head Of Best Practice. She recently left us to try new things. Belinda helped us create our new D.N.A and so much more. We will miss you Belinda. Good luck in your next adventure.

**CELEBRATE**  
D.N.A Song

**BE VISIBLE AND SHOW THE WAY**

**No limits!**

**Read Review 2024**

**M MacIntyre D.N.A**  
Living a sense

Honest Respectful Compassionate Kind

We are all connected to each other

Everyone is listened to

Living a life that makes sense your way...

... This is our D.N.A  
Thank you Belinda 😊

**POSITIVE**  
D.N.A

Positive behaviour support

Oliver McGowan Training

Stamp and Stamp

LIVE OUR D.N.A

MacIntyre's Leadership D.N.A  
Our Leaders Inspire

Live our D.N.A





Hi, I'm Kathryn  
and I'm here to  
tell you about  
Everyone  
Everywhere

**Kathryn Yates**



Have you heard about Everyone Everywhere? It's HOW we are making the Big Plan happen! But HOW is it happening near you? And what ideas do we all have that can help inspire each other, make us feel excited about it?

Here's a story from Christopher and Rowena to show how Everyone Everywhere worked for them.

### ***Gifts, skills and passions***

Christopher and Rowena love baking. And love animals. We started to make dog biscuits to give to dogs that they know.

### ***Looking Out not In***

Together with the staff team we looked for charities that may need dog biscuits. We found a community centre nearby looking for donations for a food pantry for people who are going through difficult times.

**We Tell stories**

**about our neighbourhoods**





Hi, I'm Kathryn and I'm here to tell you about Everyone Everywhere



### **Connect**

We went to have a coffee there and meet the people who run the pantry. They told us that people can't always afford dog treats. It's a nice place to come, friendly and with nice coffee. We thought it would be nice to come again and also do something to help them.

### **How Can we Help?**

We bake the treats every fortnight and take them in little bags. Now if people have a dog, they have a pack of treats included in their food parcel and they know it's from MacIntyre because there's a sticker on them.

How brilliant is that! It all started with something that Christopher and Rowena are good at and love to do. And it's ended up with some new friends and helping each other.

If you have an Everyone Everywhere story you would like to share please get in touch!



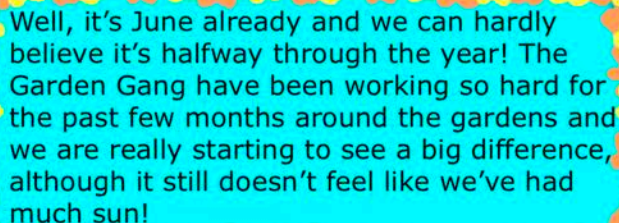




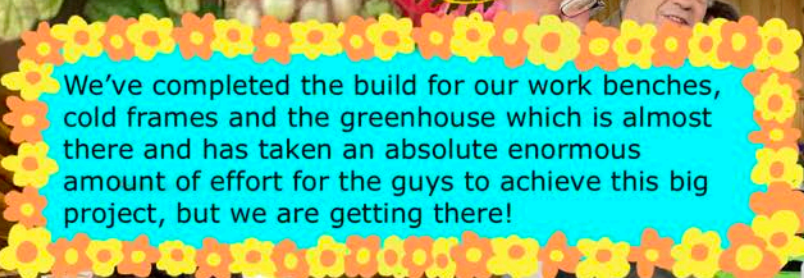
# Gardening in the community with Lewis and Sarah.



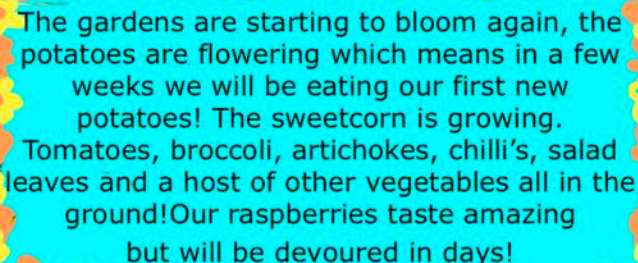
Lewis  
Sarah



Well, it's June already and we can hardly believe it's halfway through the year! The Garden Gang have been working so hard for the past few months around the gardens and we are really starting to see a big difference, although it still doesn't feel like we've had much sun!



We've completed the build for our work benches, cold frames and the greenhouse which is almost there and has taken an absolute enormous amount of effort for the guys to achieve this big project, but we are getting there!



The gardens are starting to bloom again, the potatoes are flowering which means in a few weeks we will be eating our first new potatoes! The sweetcorn is growing. Tomatoes, broccoli, artichokes, chilli's, salad leaves and a host of other vegetables all in the ground! Our raspberries taste amazing but will be devoured in days!





We are absolutely delighted our first bird box of Blue Tits successfully fledged a few weeks back and the Solitary Bees have returned to our little bug boxes, making the side garden a wonder to walk down again and watch the coming and goings of all the various insects again.



The Garden Gang also occasionally go out and about in the community to help other local groups with our gardening skills, previously undertaking various jobs for a school, community garden space, local residence garden maintenance and even rebuilt a raised pond. We recently had a really lovely morning with a local church that asked if we could remove and replace a dead tree in the grounds and with The Garden Gangs usual enthusiasm this turned out to be one of the best days!



Filled with laughter, banter, the gang showed all their togetherness, friendships, positivity and in their complete characteristic way, the old tree was down in no time and a beautiful cherry tree planted.





We all had so much fun doing this one and knowing where the tree was planted, being a peaceful and reflective place for people to visit, they decided to name it The Well-Being Tree after our own garden and become part of their extended little community, where it can grow strong, thrive and give a little something back over the years to come with its beautiful blossom.



THE WELL-BEING TREE



TOP TIPS FOR JUNE – Whilst outdoors soaking up your vitamin N (N for Nature) why not become a Citizen Scientist? Sign up for the BIG Butterfly Count and between the Friday 12th July and Sunday 12th August, choose a place to spot butterflies and moths for 15 minutes and record what you see. It's easy to take part and you can download a free handy butterfly identification chart. It's fun to do and you can find out more about why counting butterflies is extremely important. Scan the barcode to find out more.



SCAN HERE







**We Want You.**

We want more people from MacIntyre to join us as writers and editors. We want to hear stories from all over the country about what you are doing where you live.

Please contact us at [themag@macintyrecharity.org](mailto:themag@macintyrecharity.org) if you would like to get involved.





*What's happening at MacIntyre?*

## ***Masefield March into Gardening.***

We are delighted to share the strides we've taken at Masefield to celebrate the month of March as a dedicated period for gardening. This report outlines our efforts to foster community engagement, beautify our surroundings, and promote sustainable living through gardening initiatives.

In collaboration with our esteemed residents, we commenced our gardening endeavors at the onset of March. Guided by our dedicated team members, including Matthew and Lewis, and Daniel we embarked on a journey of nurturing our green spaces. Together, we planted trees, tended to flower beds, and sowed a variety of vegetable seeds.

Beyond enhancing our own living environment, we are committed to extending the benefits of our gardening efforts to our neighborhood. As our vegetables flourish, we look forward to sharing our harvest with nearby residents, fostering camaraderie and goodwill within the community.





The verdant backdrop of our garden has become the setting for delightful tea parties, offering residents an opportunity to unwind and connect amidst nature's embrace. Looking ahead, we are excited to introduce barbeque nights during the summertime, promising moments of relaxation and camaraderie for both residents and staff members alike.

As we continue to nurture our garden oasis, we eagerly anticipate the plethora of activities and experiences that lie ahead for Masefield.

From expanding our bucket list of initiatives to fostering a vibrant atmosphere of joy and camaraderie, the journey at Masefield is one filled with promise and possibility.

In closing, our dedication to gardening not only enriches the lives of our residents but also strengthens the bonds within our community.

With each blossom and harvest, we reaffirm our commitment to sustainable living and creating lasting memories at Masefield.



# The Mag

## Subscription form



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