

The Mag



MacIntyre

Providing support your way

Issue 1 February 2024

macintyrethemag.org

New Look
First issue!

The Mag
Logo Competition

We hope you enjoyed this special preview edition of The Mag and can't wait to meet what you think about it. We are also having a competition for one of our new look Mag. The winner will have their design used for the new issue. They will also get a framed print of their winning design.

Please send your entries to themag@macintyrecharity.org

The Mag
Special Preview Issue
2024



The Mag on Tour



WARRINGTON

WESTERTON

This edition of The Mag is brought to you by...



Jemma

Leannder

Olivia

Andrew

Rory

Grace

Jess

Sui-Ling

Will

Sarah

Lewis

The Mag Group



The Mag



Welcome to The Mag

Hello and Welcome to the first new look Mag. I am so excited that we are back and bringing you new issues. I have been involved with The Mag for a very long time and it is great to be part of the new team. I have been around the country visiting lots of people from MacIntyre and seeing what they thought of the preview issue. We have had some really good ideas and comments for things to put in The Mag. In the next few pages you will meet our fabulous new writers from Chesterfield whose first stories feature in this issue. We hope you enjoy reading this issue and telling lots of people about the new Mag!

Sui-Ling.





We are excited to introduce four new members to The Mag writers team in this issue. Meet Jemma, Andrew, Olivia and Leander..

The Mag



Group



Hi, I am Jemma from Chesterfield. I like coming to MacIntyre. I am part of the Speak Out group. I attend Lifelong Learning and I like doing the activities. I spend my free time doing piano lessons and learning songs and designing quizzes.



Jemma

Hi, I am Andrew from Chesterfield. I attend Lifelong Learning and I enjoy art, crafts and being with my friends. My favourite programmes are Emmerdale and Coronation Street. I also like to keep busy by making things at home. My interests are trains, buses, birds and my xbox.



Andrew



Olivia

Hi ,I am Olivia from Chesterfield and live in Supported Living. I volunteer for Eyam pantomime which I love. I like to spend weekends with my Mum and Dad. My hobbies are drama, swimming, gym and boccia. I like going on holiday to Disneyland. My favourite colours are purple, green and blue.

Hi, I'm Leannder from Chesterfield. I like playing games on my Switch. Mario Kart is my favourite. I like doing arts and crafts at MacIntyre and at home. I go to Lifelong Learning three days a week and I really like it.



Leannder





The Mag Launch Tour



At the end of last year The Mag Launch tour went around the country to see what people thought of the preview issue of The Mag.



M K

BEDFORD

OXFORD

We visited Oxford, Warrington, Bedford, Milton Keynes and Chesterfield and spoke to people about what they would like to see in The Mag which you can see on the next page.

WARRINGTON

CHESTERFIELD



Also go to the centre pages and see a poster of some of the great people we met on tour.

BEDFORD

MacIntyre
new and events
- Simon (MK)

Songs
and Signing
- Anna (Oxford)

Well,
Being
Joe (MK)

Music and
stuff for
Young people
Biago (Bedford)

QR
codes
- Naomi
(Warrington)

Subscription
Form for
The Mag
- John (Oxford)

Jokes
- Andy
Warrington

Bus travel
Tips
- Benny (Oxford)

Theatre and
musical
reviews
- Sara (MK)

Online
Safety
- Martha
(Chesterfield)

Employment
advice
Michael
(Chesterfield)

OXFORD

CHESTERFIELD



Here are some of the great ideas we got from you on our launch tour.

Working Together

with the...



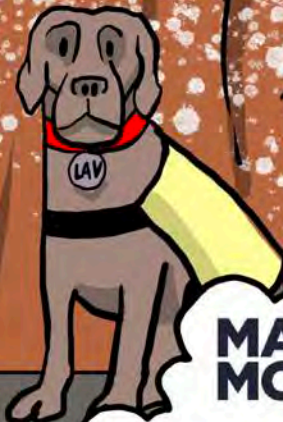
Jasper Pickles Climbs Everest

By Sui-Ling

In today's Co-Pro section we are going to talk about how people from MacIntyre worked together with a group called Made By Mortals to make a podcast called Jasper Pickles climbs Everest.

The story is about Jasper, a young man with autism. He finds it difficult going to places and in our story he has an appointment at his local hospital. He has to make the journey with his loyal therapy dog Lavender.

The podcast was made to put you in Jasper's shoes and let you experience the challenges.



MADE BY
MORTALS

How we made the podcast

Last autumn people from all across MacIntyre had some Zoom sessions with Made By Mortals. In these Zooms we wrote the story together. We used our own experiences to make Jasper's story as true as we could. Everyone came up with character names and I came up with the name for Jasper's nosey neighbour, Batty Catty!

Once we had our story written and everyone was happy with it, we met at Blueprint Studios in Manchester to record it. It is a very famous studio where Justin Timberlake, Rihanna and Elbow have all recorded.

It was a long day. I was in the studio vocal booth for two hours and it was hard work but I was really pleased with how it came out.





hidden | JASPER PICKLES CLIMBS EVEREST
AN IMMERSIVE AUDIO EXPERIENCE

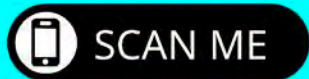
MADE BY
MORTALS



MacIntyre

Providing support... your way

If you want to
listen to Jasper Pickles
Climbs Everest scan
here...





SCAN ME

Scan here to see my interview with Chris and Francesca from Made By Mortals





Rory's Stories.

Ciaran's
Autism
Friendly
Film Club.

Last Thursday of the month
7pm-9pm

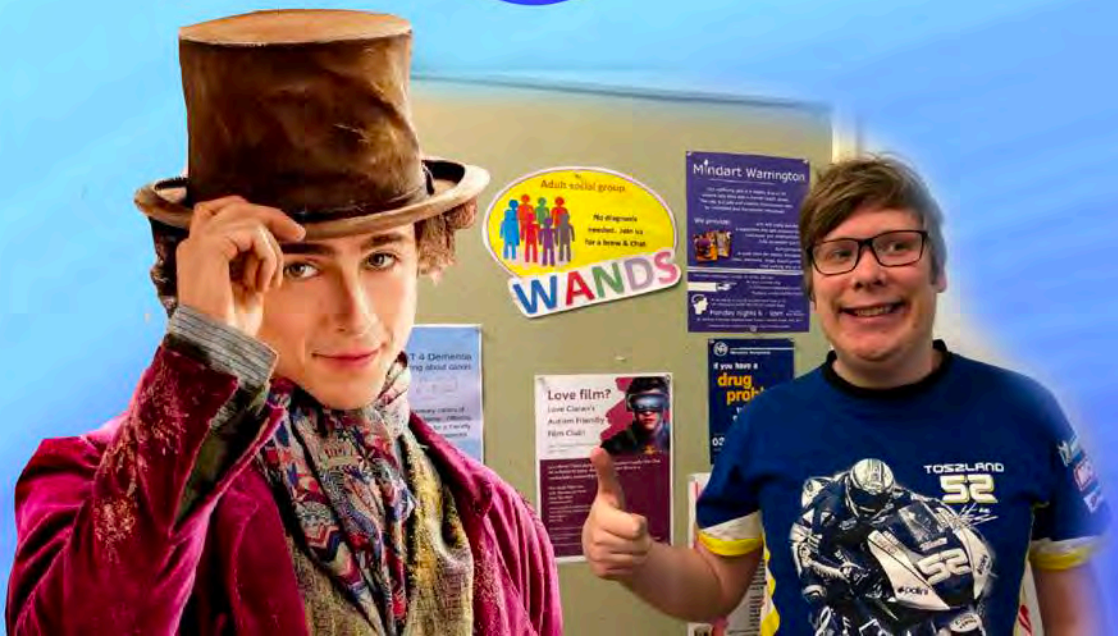


On the 24th December a total of Thirty Five people went over to Cineworld, Warrington to watch The Wonka Movie. The session was designed for people who are feeling isolated and lonely. It was part of Ciaran's film club and was open to MacIntyre Great Communities, The Friendship Group and Shared Lives.

We made a whole day out of it by going to Warrington market for lunch and then went to watch The Wonka Movie. The film was a musical and was very funny. It was amazing, everyone had a good time.



"The film was outstanding and had amazing music."
-Jess's Quote





My trip to Brighton British Care Awards and the

by Sui-Ling



On the 17th of November we went to the British Care awards in Brighton



Our group The Co-Pros, which I am part of, was nominated for a award for co-production.



Here's a picture we took of us for a best twitter group PIC. We won a bottle of wine for it!





It was very posh and everyone dressed up.



I had a glass of wine and a three course meal but I didn't eat my pudding because I was dancing too much!!



← me dancing!

We only went and Won!!
When it got announced I
ran up to the stage like
a rocket!

Me running →



I was really pleased
and proud that the
co-pros won!

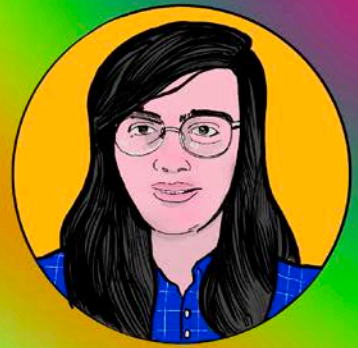
← The winning
photo

Me and the
trophy



Next we go to
the national finals
in March!





THE AUTISM NETWORK with Jess Sutton

Hi there! My name is Jess and alongside my colleague Sonya I present and run the Autism Network Online

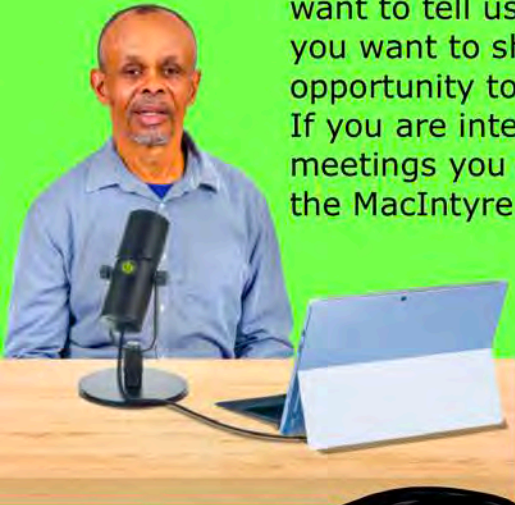
The Autism Network is an online Zoom meeting that happens once a month. It is a safe and supportive space for anyone with autism and anyone who is interested in autism to come together to talk and learn.

Recently we have had discussions around how we deal with events that can be very busy and overstimulating like Christmas and New Year, but we talk about all kinds of topics!

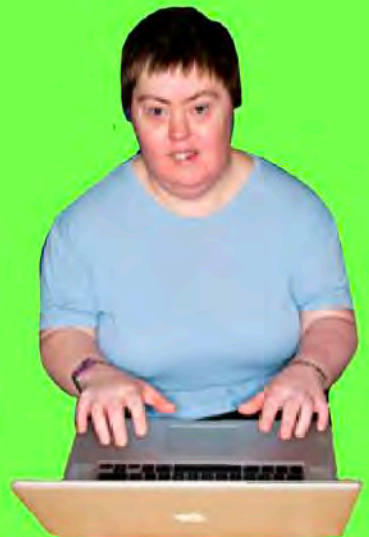
We choose our topics together and make sure everyone gets to make their voice heard. We also get guest speakers to come to talk about topics we are interested in as well!



You can present at our meetings as well! If you want to tell us about an autism related topic that you want to share, we will give you the opportunity to do so!
If you are interested in coming along to our meetings you can sign up on the events section of the MacIntyre website.



Scan here to sign up to come to our next meeting. We would love to see you there.





It was great seeing so much of you all on our recent Mag launch tour. Heres a few of the people we met...





The  Mag

Gardening in the community with Lewis and Sarah.



Lewis
Sarah



First off WOW, what a great mag the Special Preview Issue was! We are so looking forward to all the next editions! What a pleasure it is to introduce ourselves Lewis and Sarah, lead volunteers with MacIntyre Great Communities Warrington, as part of 'The Garden Gang'




We would like to give you all a little background about the gardens. We joined this great project just after lockdown, helping to develop a large community space with access for all. Over the last few years we have made the most amazing friendships. During this time, the group looked at an unused, unloved, piece of land at the side of the building, to clear the overgrown area and we were asked, Can you do anything with this?

We said...YES!!!

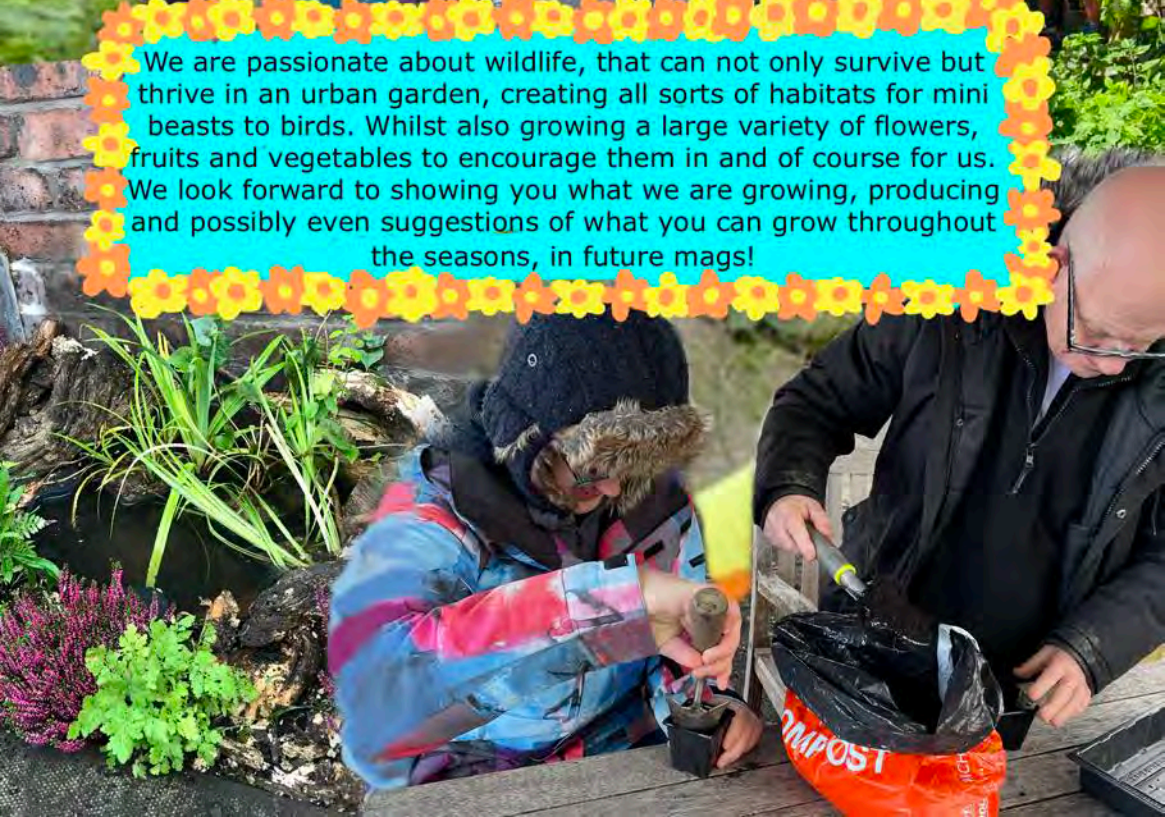


We started a major clearance and transformed it into an award-winning beautiful garden, which Lewis and I like to call our happy place!



A group of people, including men, women, and children, are working in a raised garden bed. One woman in a pink shirt is leaning over the bed, while others stand around watching. The garden bed is made of wooden planks and contains soil and some small plants. In the background, there are trees and a brick building.

Whilst the little side garden is now thriving, the Garden Gang continue to expand the community area in the playground, where the real hard work continues over the next few months come rain, shine or even snow which it is doing as I type this. We are creating cold frames and building our own potting benches, which will also help us with our DIY projects for this year - all from donated used wood. There are seeds to be organised, growing beds to be prepared and planting to be done.

A person wearing a blue and pink jacket and a black hat is working in a garden bed. They are using a small tool to plant or tend to a small plant in a black pot. To the right, another person in a black jacket is also working, and a red bag of compost is visible. The garden bed contains various plants, including green leafy ones and purple flowers.

We are passionate about wildlife, that can not only survive but thrive in an urban garden, creating all sorts of habitats for mini beasts to birds. Whilst also growing a large variety of flowers, fruits and vegetables to encourage them in and of course for us. We look forward to showing you what we are growing, producing and possibly even suggestions of what you can grow throughout the seasons, in future mags!




I heard quotes a long time ago, 'to build a garden is to believe in tomorrow' and 'build it and they will come'. The project at The Old School is doing just that, not just for gardens but also for us as a group.

I mentioned before the gardens were award winning and the Garden Gang have absolutely smashed it! Their resilience, individual gardening journeys, have created an extraordinary space and in 2023 achieved:

- RHS Britain in Bloom – It's your Neighbourhood Awards Thriving – Level 4 (for the second year)
- BBC Radio Manchester – Make a Difference Awards 2023 – The Together Award – Awarded to an individual or group of people who create real change in breaking down the barriers and bring together people from different walks of life for a common cause!





What a great experience it has been for us to enjoy the wonders of nature around us, whilst doing what we love best – being outside, gardening and enjoying each other's company. I hope these pictures show what an amazing group of unique, creative, inspiring individuals, who are continuing to develop this extraordinary space into a happy place for all!

TOP TIPS FOR MARCH – Go outside even for just a few minutes, look around and see what you can spot: flowers, bugs, birds and soak up all your vitamin N (N for nature).
Until next time.
Lewis and Sarah xxx



Hi, I'm Kathryn
and I'm here to
tell you about
Everyone
Everywhere

Kathryn Yates



Have you heard about Everyone Everywhere?
It's HOW we are making the Big Plan happen



We know that people don't just want to live in a MacIntyre bubble! And that when we know people who live near us and know about things that are happening we have more chance to be happy and feel part of something, meet new people and new staff.

Everyone Everywhere is about making this happen. We start by thinking about what we are good at and what we care about. We know that if we start thinking in this way, it can lead to good things. For example, are you good at baking? Jigsaw puzzles? Making people feel welcome?



Next we look around and see who and what are around us. Neighbours, people running local shops and businesses, families and community spaces. There are lots of different things happening that we don't know about until we look.



Then we connect. Go and see people, tell them about MacIntyre, find out what's important and happening for them.



Finally we think, how can we help? We can ask people if there's anything we can do to help? Can we attend something, bring something, share our views on something.

Look out for the next edition where we will be thinking about each of the areas in more detail and some of the stories of people who are already making it happen.



Scan here to see my interview with Kathryn about Everyone Everywhere



SCAN ME

social care future animation



We all want to live in a
place we call home



With the people and
things that we love



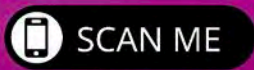
... in communities where we
look out for one another...



"socialcarefuture.org.uk" is in full screen.
Swipe down to exit.

... doing the things
that matter to us ...

Scan here to see
the full film ↗





What's happening at MacIntyre?

Speak Up 4 All

I go to the Speak Up 4 All group on Tuesdays. We meet at 10.30 and have a coffee. Its a good time to chat and meet my friends. We learn new information and try to make our lives better. Recently we have been learning about Chinese New Year. I always do the register at group and draw pictures of everybody.

I enjoy going to Speak 4 All and have learnt lots of things that have improved my life.

by Will





Hi, I am Olivia and I have just finished panto season which I love. I love drama. The last panto I was in was Treasure Island and I played a barmaid called Faith. I made my lines shorter so that I was able to remember them. This meant I was then able to say them in front of the audience. This year instead of making the costume we bought it. I had my makeup done by someone else. The audience laughed and clapped at the show. Some of the pantomimes I have been in are Scrooge, Robinson Crusoe, Babes in the Wood, King Arthur's Legend and Mother Goose.



What's happening at MacIntyre?

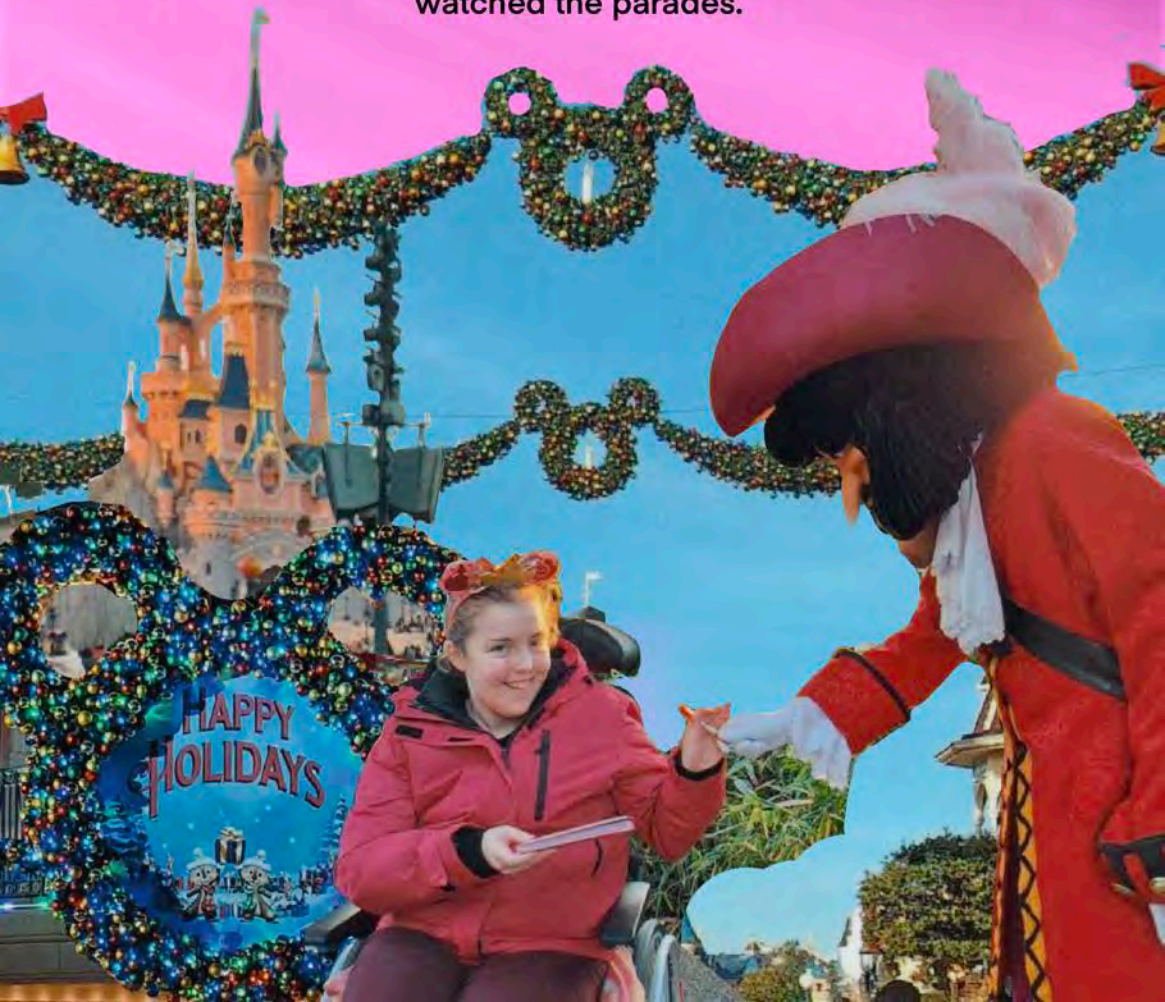
My name is Andy from Chesterfield. I have been in an art group for over 10 years. I feel proud of all the artwork I have done. I've used oils, watercolours, glass paint, pastels and most paints really. I feel like I have got a lot better at art. Art makes me happy. I'm not afraid to try new things anymore. One of my favourite pictures was of a kingfisher. I love doing nature pictures and I enjoy bird art the most.





What's happening at MacIntyre?

Hi I am Leander and last year in December I went to Disneyland Paris for the weekend. We went on a coach and then onto a ferry. I watched the foam on the sea as we sailed across to France. It was the first time I have been and I really enjoyed it. I went on the rides and the flying carpet from Aladdin was my favourite ride. It was a lovely sunny day and I got to meet lots of characters like Captain Hook, Jessie, Woody and Winnie the Pooh. Jessie was my favourite. I also watched the parades.



Jasper Pickles Word Search

I	T	M	Y	T	T	A	C	Y	T	T	A	B	R
T	S	E	R	E	V	E	V	M	U	R	E	L	T
N	Y	D	A	T	L	M	T	H	D	M	A	T	Y
E	E	W	A	I	T	I	N	G	R	O	O	M	M
A	E	S	B	E	A	R	G	R	Y	L	L	S	O
R	Y	A	I	E	A	S	Y	R	E	A	D	O	G
S	H	A	E	Y	S	L	A	A	I	T	N	E	E
O	M	A	D	E	B	Y	M	O	R	T	A	L	S
S	H	N	R	M	S	S	M	L	M	A	A	H	M
H	O	S	P	I	T	A	L	O	G	T	A	D	Y
E	S	P	T	E	S	A	U	T	I	S	M	A	R
N	R	Y	T	O	U	A	Y	E	W	T	T	B	H
L	R	I	A	N	T	R	Y	I	M	O	O	S	N
R	A	T	E	A	L	A	V	E	N	D	E	R	I

LAVENDER
EVEREST
MADE BY MORTALS
BEAR GRYLLS
EASY READ
NHS
HOSPITAL
AUTISM
BATTY CATTY
WAITING ROOM





Q1) Who plays the falcon in Stuart Little?

Q2) Who plays Matilda?

Q3) Who plays Miss Trunchball?

Q4) Who plays Elsa in Frozen?

Q5) When was 'Angel Has Fallen' released?

Q6) When was 'London Has Fallen' released?

Q7) Who played the mouse in 'Sing'?

Q8) Who plays Harry Potter?

Q9) Who plays Hermione Grainger?

Q10) Who plays Olaf?



Answers

Q1) James Woods. Q2) Mara Wilson. Q3) Pam Ferris. Q4) Kristen Bell Q5) 2019 Q6) 2016. Q7) Seth MacFarlane. Q8) Daniel Radcliffe. Q9) Emma Watson. Q10) Josh Gad.

The Mag Art Gallery



**Art by
Mizanaur
from
Oxford**



The Mag

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✂

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I would like _____ copies of The Mag sent to
this address _____

✂

macintyrethemag.org

The Mag



What's inside?



The Mag Launch Tour



Jasper Pickles Climbs Everest



**THE AUTISM
NETWORK**
with Jess Sutton

Everyone Everywhere



Neighbourhoods



What's happening at MacIntyre?



**Rory's
Stories.**



Gardening in the community
with Lewis and Sarah.



...And much more!

macintyrethemag.org