



MacIntyre

Providing support...your way

# Dying to Talk



## What did we do?

MacIntyre wants the people we support, their families and our staff to feel ok talking about the future, so people don't need to feel worried or afraid of dying.

In 2021 and 2022 we worked with people in Chesterfield, Leicestershire, Herefordshire and Worcestershire.

We:

- listened to **79 people we support**
- talked with **70 family members**
- trained **134 staff** in 38 workshops
- worked on an **e-learning module**
- developed a **resource pack**, full of tips and tools
- trained **94 health and social care** staff from groups outside MacIntyre
- did talks and meetings to **raise awareness** with 413 people at MacIntyre and 508 people from other groups
- shared **newsletters**, blogs and tweets with about 1,500 people

We reached over 2,000 people

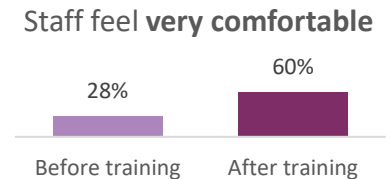


## What good things happened?

- **More people we support feel ok talking about dying.** At the start of the project most people felt a bit worried or scared hearing the word 'death'. By the end, more than half said it was not so scary any more. They could plan what they wanted

*"I liked talking about grandma. I liked talking about my best song. I liked having ideas on what I want. It made a lot of thoughts in me. I want to talk more. It is not scary or sad after all."* (Person supported)

- **More staff feel ok talking about dying** with people they support. Staff also liked having a chance to talk about things that affected their own families and friends.



- **We shared ideas so other organisations can help people too.** 80% of people from other organisations who took part in our training said they used something they learnt.
- People said we were doing good work. We were **nominated for three national awards.** We were 'highly commended' at the Women Achieving Greatness in Social Care awards.