



MacIntyre

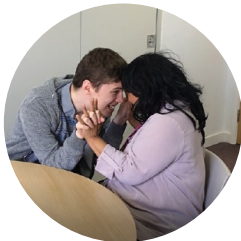
Providing support...your way

# Intensive Interaction

At MacIntyre, we believe that everyone has the potential to learn and we know that the people we support communicate in many different ways. One approach that we use is Intensive Interaction.

Intensive Interaction is an approach to interacting with and teaching early communication and interaction skills to people who do not find it easy communicating or being social.

MacIntyre is committed to using Intensive Interaction to support people who find communication more difficult, by learning the Fundamentals of Communication. Staff are trained and mentored in the Principles of Intensive Interaction to attain competent practitioner standard.



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[www.macintyrecharity.org](http://www.macintyrecharity.org)



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@meetmacintyre

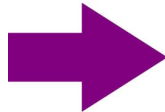


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## Principles of Intensive Interaction

- The available look
- Relaxing
- Tuning-in
- Don't do too much
- Imitation/copying
- Pauses
- Mutual enjoyment
- Waiting and watching
- Playfulness/Go with the flow
- Minimalism
- Hold back
- Responsiveness



## The Fundamentals of Communication

- Enjoying being with another person
- Developing the ability to attend to that person
- Concentration and attention span
- Learning to do sequences of activity with a person
- Taking turns in exchanges of behaviour
- Sharing personal space
- Learning to regulate and control arousal levels
- Using and understanding eye contact
- Using and understanding facial expressions
- Using and understanding physical contact
- Using vocalisations meaningfully (including speech)
- Using and understanding other non-verbal communication

To find out more about Intensive Interaction please visit [www.intensiveinteraction.org](http://www.intensiveinteraction.org)



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