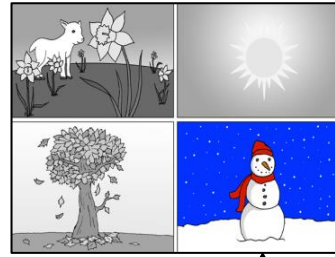


The Mag



MacIntyre

Providing support...your way



Winter 2021



A magazine for and by people who use MacIntyre's services





The Mag Group



**Joe
Stewart**



**Emma
Killick**



**Sui-Ling
Tang**



**Mary
Hughes**



**Donald
Delmohamed**



**Sharon
Pratt**



Welcome to Winter 2021 issue of The Mag.

Our winter competition and autumn winner can be found on pages **63**. Please enter as there is a prize for the winner.



Please read our recipe on pages **43 to 47** to make a



For fun see how many snowmen you can find in The Mag.



By Sharon The Winter Editor





What's inside



Pages 4 to 18

What's Happening Around MacIntyre



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Holidays and Day Trips



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Celebrations



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Covid 19 Information



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Home and Gardens



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Hobbies and Interests



Pages 42

Sport and Leisure



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Food and Drink



Page 48 to 50

Remember me



Page 51 to 52

Art and Craft



Page 53 to 62

Fun and Games



Page 63

Competition Pages





Do you want to be a MacIntyre Checker



Do you want to be part of a team that checks easy read for MacIntyre



This is a paid job



We work every Wednesday on zoom from 10.30am to 11.45am



To do this job you must be able to work on zoom



About twice a year we will meet in Warrington but you do not have to come to these events



If you would like more information and an application form please email or ring Gwenne

gwenne.mcfadzean@macintyrecharity.org
077178 96297



Stay at Home MacIntyre Roadshow

By the people supported in Chesterfield

On Tuesday 8 December it was the Stay at Home Roadshow from 9.45am to 9pm and we had already signed up to attend.

Recently we at Holmewood joined in with the roadshow. It's usually a little bit too far for us to travel so it was nice to be able to join in with the day's activities this year.

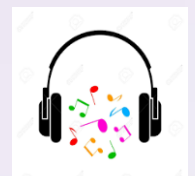
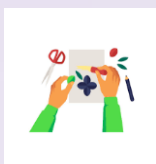
We saw lots of different people on the zoom session and we joined in with so many different activities.



We really enjoyed the fruit kebab making, so much we had eaten them before we had chance to show them to everyone else..



We also carried on the activities throughout the week - we made Christmas cards and badges. We made snowflakes and listened to music, we all really enjoyed the day.





MacIntyre Online Activity Plan



These activities will be on every week until the end of March

Everyone is welcome to join in

Morning

Afternoon

Evening

Monday

Wake up Monday!



<https://zoom.us/j/91485404234?pwd=OXJsd2QxWWYzNVF5aHRjdFRxU0xnZz09>
Meeting ID: 914 8540 4234
Passcode: Wake

Sing with Nigel



<https://zoom.us/j/91056374127?pwd=QXA0NUtLWG4wT3NjQ2xVeHJVTG1NUT09>
Meeting ID: 910 5637 4127
Passcode: sing

Book Club



<https://us02web.zoom.us/j/6062408023>
Meeting ID: 606 2408 023

Laura's Gaming Gurus



<https://us04web.zoom.us/j/8213388048?pwd=SFZBTGp5c3RVQjRqZnVPNUNHK0dCQT09>
Meeting ID: 821 338 8048
Passcode: 491818

Tuesday

Chair-based Exercises



<https://zoom.us/j/94173316101?pwd=cXZJK3Q5WDBpai9ETjFnclg1Wkhadz09>
Meeting ID: 941 7331 6101
Passcode: cbexercise

Crafts



<https://zoom.us/j/92163430804?pwd=dn1xbUdyQVBrRjBKQSSwMjFuVllzd09>
Meeting ID: 921 6343 0804
Passcode: PAINT21

Disco



Every second week



<https://zoom.us/j/94612708690?pwd=V2tMYjRlVTNwVjFMTidST01raXZqUT09>
Meeting ID: 946 1270 8690
Passcode: disco

Lets Talk



Every second week



<https://us04web.zoom.us/j/71361305722?pwd=ZWRIYXVlbidQakFTdy9ZZW9lVjYydz09>
Meeting ID: 713 6130 5722
Passcode: Talk



What's Happening Around MacIntyre



Wednesday

Morning

Fun with Food



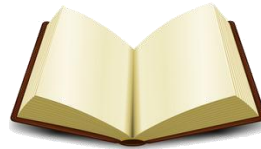
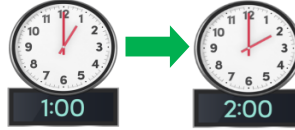
<https://zoom.us/j/95386558672?pwd=cE5DTEtnM1lyc1FMVHlnZ3k5RWExUT09>

Meeting ID: 953 8655 8672

Passcode: food

Afternoon

Story Time



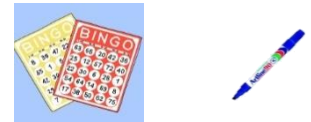
<https://zoom.us/j/97932387301?pwd=UTJVSUxBR05SaFntVlBmSjVjUEpjZz09>

Meeting ID: 979 3238 7301

Passcode: story

Evening

Bingo



Get a Bingo card before at

<https://mfbc.us/v/71ec0d3c28e1b426be5923870f89>

<https://zoom.us/j/93848071837?pwd=STZpOUlSeEQ5YlV5RUlvc05BWxZzZz09>

Thursday

Giggle Drama



<https://zoom.us/j/99597311749?pwd=ZytHZDFrcW45TmwrSXRILOt6cEg1Zz09>

Meeting ID: 995 9731 1749

Passcode: drama

Sign with Jess



<https://zoom.us/j/97932387301?pwd=UTJVSUxBR05SaFntVlBmSjVjUEpjZz09>

Meeting ID: 979 3238 7301

Passcode: story

Ciaran's Autism Friendly Film Club



<https://us02web.zoom.us/j/6062408023>

Meeting ID: 606 2408 023

Friday

Walk from Home



<https://us04web.zoom.us/j/7268920793?pwd=Z0xwcGxsb2pXemFYVU1rNHJiZFdHUT09>

Meeting ID: 726 892 0793
Password: 8Mqpxz

Family Fortunes



<https://us04web.zoom.us/j/749170102?pwd=Rzc2dFh6RmluV0ZUT0YzZjZz09>

Meeting ID: 749 170 102
Passcode: 016229

The Sui-Ling Show



www.macintyrecharity.org/events/the-sui-ling-show



Passing my Covid Test By Zoe in Milton Keynes



Today I had a Covid test and guess what I passed my Covid test with no hesitation and then it was right let's start cooking I could now work at Great Holm Coffee Shop.

To make that week even more special for me I got Star of the Week at the coffee shop. It was just amazing for me. My staff said 'I was a supper star working for in a new way because of Covid19.'



Me at Work



Helping with Tony from our maintenance team By Ryan at Wingrave

I enjoyed helping Tony. One of the important jobs I got to do was to paint one of the sheds at the children's home. I helped paint it all from start to finish. This was a great work experience chance for me.

My teacher Hannah helped to set up the work experience for me. I like painting and got to wear a yellow jacket and enjoyed the work even though I got paint on me.

As you can see from the photos I enjoyed helping Tony.



Me helping to paint a shed



Questions and Answers with Nicola Payne MacIntyre's Family Engagement Consultant



Nicola Payne
Family Engagement Consultant



The Mag: When did you start working for MacIntyre?

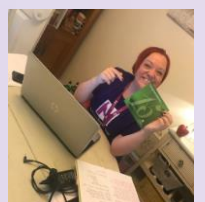
Nicola: I started working at MacIntyre just over 15 years ago so that would have been 2006.

The Mag: You work as the MacIntyre Family Engagement Consultant so what does that mean, what do you do?

Nicola: My job is making sure MacIntyre includes families in what happens at MacIntyre, families get invited to take part where they would like to of course. I work with our staff to help understand how important it is to work with our families. Families are all different so my job to be really creative when I am thinking of how MacIntyre can do this.

The Mag: What team are you part of at MacIntyre and where are you based?

Nicola: I am part of the Quality Team so I work closely with lots of people and also everyone at MacIntyre. My desk is at Milton Keynes but currently I am spending lots of time at home at my kitchen table because of the Coronavirus.





Questions and Answers with Nicola Payne MacIntyre's Family Engagement Consultant (Continued)



The Mag: How long have you been the Family Engagement Consultant?

Nicola: I have been MacIntyre's Family Consultant for just over one year.

The Mag: What other jobs have you had at MacIntyre?

Nicola: I worked in our MacIntyre Coffee Shop and Bakery for 10 years and at The Haddon's in Great Holm, which I enjoyed so much and I worked with a great team of people.

I then worked with MacIntyre's Health Team working on a project all about dementia and growing older and how we can look after ourselves which was brilliant. I have been really lucky to have had these opportunities.

The Mag: What is your favourite song/music?

Nicola: I love to dance in my kitchen and a song that I love is Faithless, Insomnia it makes me feel so good and care free. I also love listening to indie music and love using Spotify and my headphones to switch off and relax.



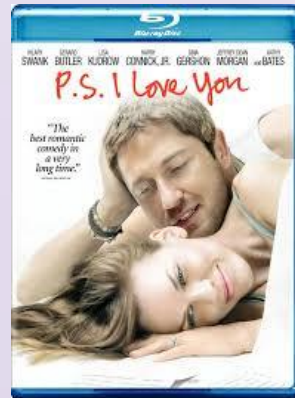
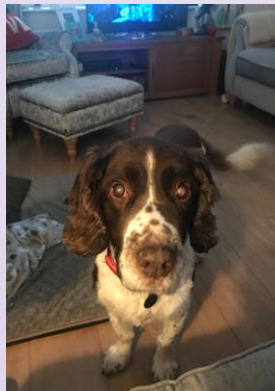


Questions and Answers with Nicola Payne MacIntyre's Family Engagement Consultant (Continued)



The Mag: Do you have any pets at home and if so what do you have?

Nicola: I have a beautiful dog called Archie and he is a Springer Spaniel. He is 14 years old. I walk him slowly every day and he loves a cuddle.



The Mag: What is your favourite film?

Nicola: It's a romantic film called PS I Love You. I love to watch this on a Sunday afternoon when its colds outside, very relaxing.

The Mag: What hobbies or interests do you have?



Nicola: My hobby is cooking and collecting cookbooks. I have many cookbooks and enjoy experimenting with new recipes, trying new flavours and cooking for my family. I have also taught myself to Hula Hoop and I find this great fun and good for keeping fit.

The Mag: How can we contact you?

Nicola: My details are nicola.payne@macintyrecharity.org 07823530100

It would be lovely to hear from you if you have any questions and I promise to reply to you.



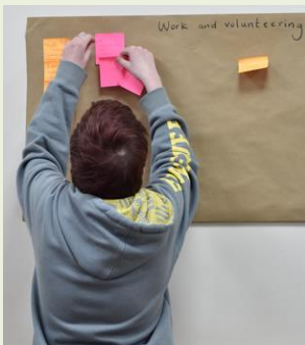
The People's Parliament and The MacIntyre Greater Community Project By Jess and Jo in Worcestershire



Before I tell you about The People's Parliament I wanted to tell you about a very exciting thing I am doing starting Thursday 28 January 2021 .

It is called 'Learn Sign with Jess' teaching basic BSL signs on zoom. I am very excited and nervous.

The People's Parliament, I love it because it helps people with disabilities to a live better life and it makes people we talk to think about us with disabilities. In Lock Down we have had lots zoom meetings and in February we are launching our first zoom white paper about Covid.



People are invited to join the meeting who will listen and might help. Then we will have a debate later on in the year. It has also been good because I have kept in touch with people while I am staying with mum, which is good because I am safe here but I miss my friends and carers too.

Thanks to my Mum (Jo) who helped me to write this.





Back at No Limits By Ciaran in Milton Keynes



I would like to share what I've been doing since the virus came along as I'm back at No Limits.

I have been working hard improving my own personal skills and I've been learning more Makaton.

Makaton is a signing and symbol language that I use to talk to others.

I have been learning the signs for same and different and I've been practising, the following signs for friends, good morning and horse.

I have been learning to cook and meal plan. I have learned to make Spaghetti Pomodoro, pizzas, and to cook broccoli with cauliflower cheese.

With the help of my staff at No Limits I can remember the prices of ingredients and write them down so I know how much my shopping comes to.





Back at No Limits By Ciaran in Milton Keynes (Continued)



I have learnt with my staff about road safety and I've learnt the green cross code as it's important to stop, look and listen when crossing the road.

I am learning to follow the COVID restrictions by wearing a mask, to disinfect my hands and greeting people by touching our elbows together. I feel sad that we can't high-5 any of our friends and staff anymore.

What I very happy with, even though life is odd for me right now and difficult, is my staff saying I'm getting on well with my learning qualification work and I've completed this half term's work already.

I have some other good news. I have earned a work experience place at Brierley Springs Stables in Great Brickhill. They look after horses and teach riding.

I really have had a good return to my community education. My Staff say I'm a star.



MacIntyre No Limits





College during Coronavirus by Sophie in Hampshire



My staff at MacIntyre recently asked me about what life is like now as a college student during the Coronavirus.

This is my second year at college and I have had to adapt to and overcome huge changes in my daily college life.

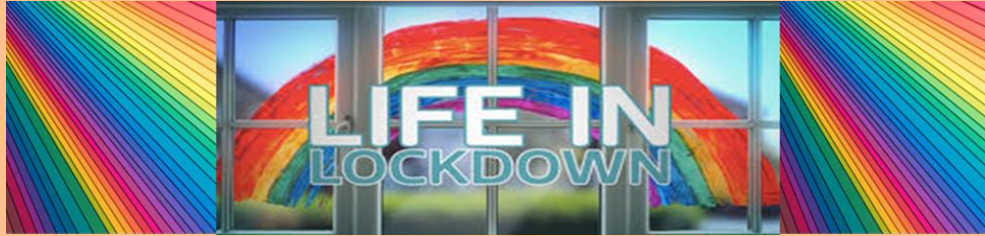
I have done so with a spring in me step and a little smile. My staff at Team MacHants are extremely proud of me. And say 'Well done Sophie'

This is my story





College during Coronavirus by Sophie in Hampshire (continued)



Hello my name is *Sophie*

I go to college at *Totton*.

At college I study *LISS 2 Life skills*.

I like going to college because I *enjoy learning and seeing my friends*.

My friends at college are *Talia, Toby and Anna*.

To get to college I go in a *Taxi*. It takes *30 mins*. The driver has to wear a mask. I wear my *Sunflower Lanyard* because I hate wearing masks they make me *anxious*.

I have lunch at the *café*. My favourite meal is *pizza*. Before the Corona Virus I used to go to college *3 days per week*.

Now I can only go for *2 days* and need to do some of my work at home. I prefer doing my work at college because I *enjoy going to college*.

I am sad now college is stopped





I wear a Face Mask to Keep Safe By Mary at Milton Keynes



I wear a face mask to keep other people and me safe. I wear mine to when going to the supermarket, the bank and when my staff is coming to help and see me. I wear a mask when I work or visit the coffee shop for a take away coffee. I wear a face mask when I go outside. I also wash my hands after touching things.

When I work in Great Holm Coffee Shop I wear a big face shield.

I have to say in my flat as we can't go out as it's not safe being with other people.



Wearing a mask can be fun I have an Mk Don's football Mask,

I like the puzzles and colouring in pictures, I miss working at Central MacIntyre and working for The Mag.

I help with the mag and I like seeing and reading all the articles. I like the competitions.



The Mag group meeting is on zoom on the computer, but I like going Central for the meeting.

Please send stories to Donald to the mag and my details are on the back cover of this Mag.



Celebrations



Decorating the Christmas tree From Joe in Worcestershire



I have just put up my Christmas tree by myself. I have even decorated my tree.

I kept on asking every couple of days if I could get my Christmas decorations out to put up.

I am very much looking forward to Christmas in a few weeks and wanted to show everyone who reads 'The Mag' my festive tree.





Celebrations



Christmas Dinner By all at Holmewood in Leicestershire



Here at Holmewood we are very good at putting on a party. Unfortunately this year we have been unable to have the big events we usually have but we haven't let this stop us.

Our manager Lisa cooks us a lovely Christmas lunch every year and this year was no different, we spread this over two days so that everyone had a chance to enjoy the delicious food. Here are some pictures of us all enjoying ourselves.



We also visit the pantomime every Christmas but this was cancelled but again we didn't miss out as our support staff found two pantos that we could watch live.

One of them had the beast and the governess in from the Chase which a lot of us love to watch on an evening.



At one point in the panto they sang a different version of the five days of Christmas which had some dinosaurs in and our support worker Wes couldn't resist joining in!

Christmas has been a little different for us all this year but we have still had a fantastic time and have been able to do all the things we enjoy.





Getting into a festive mood by Graham in Milton Keynes



Hello readers I have been gearing myself up by getting myself into the Christmas festive mood. I took a wee stroll up to Central Milton Keynes Shopping Centre to see the Christmas decorations.

I had my picture taken in a sparkly Christmas bauble the type you would normally hang on your Christmas trees, but this one was a lot bigger and there was a seat inside to sit on.

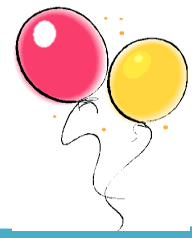




Celebrations



**Our lovely birthday cakes made by
the MacIntyre coffee shop
By Danny and Malcolm in Milton Keynes**



Hello to the readers at The Mag, we would like to share this story with everyone.



The two of us celebrated our birthdays in December and because of lockdown we couldn't have a party or even have a few friends over so we thought it would be a sad one.

The coffee shop in Great Holm did a special thing for us and made us our cakes. We even had birthday candles for us to blow out.

We both would like to thank the coffee shop for making us our super lovely birthday cakes, which meant in the end we had a happy birthday.



Anyone for cake



JACKIE'S TOP CORONA VIRUS TIPS In Hampshire

Jackie says: "wash your hands!"



Jackie says: "wear your mask"



Jackie says: "keep your distance 2m"

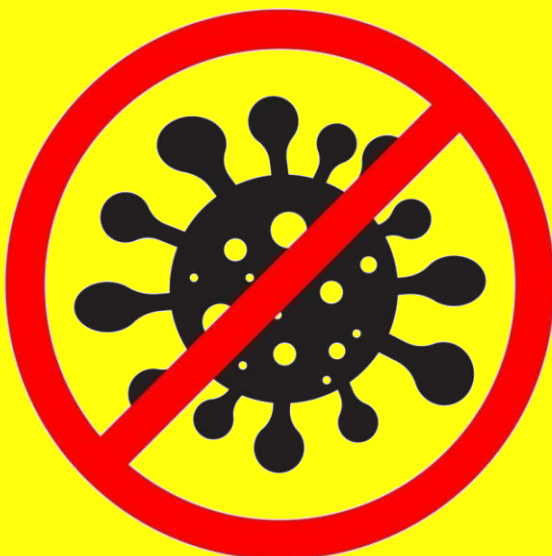




Wearing a Face Mask



<p>Because of coronavirus, I need to wear a mask when I go places.</p>	<p>People in my family, neighborhood, and community are wearing masks.</p>	<p>My mask keeps me safe.</p>
<p>Your mask keeps me safe.</p>	<p>I need to wear a mask even if I feel healthy.</p>	<p>It is important to wear a mask every time I leave the house.</p>



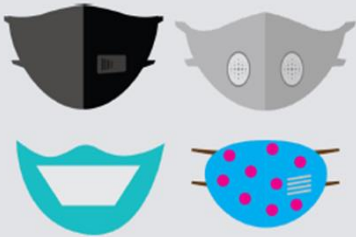


Wearing a Face Mask continued

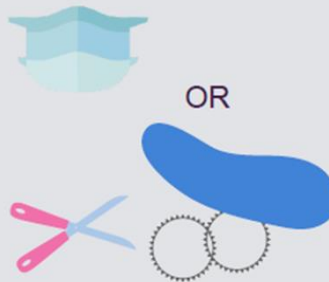


WEARING A MASK

There are many types of masks made from different things. Some are clear so you can see people's mouths when they talk. I can try different masks to find one I like.



I can wear a mask from a store or I can make my own mask.



I can make my mask fun by decorating it.



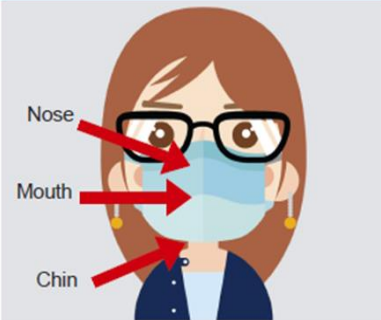
These aren't the same as doctor's masks. These masks keep me and my community safe.



I should always wash my hands before putting on my mask.



My mask will cover my nose, mouth and chin. It may feel snug.





Wearing a Face Mask continued



WEARING A MASK

<p>At first my mask might not feel comfortable.</p>	<p>The more I practice wearing my mask, the easier it will be to wear.</p>	<p>When I return home and take off my mask, I should wash my hands.</p>
<p>If my mask is made out of cloth, I should wash it right away.</p>	<p>I can wear a new mask the next time I go out.</p>	<p>Wearing a mask keeps everyone safe.</p>



PAautism.org

Pennsylvania's leading source of autism-related resources and information
877-231-4244

The ASERT Collaborative is funded by the Office of Developmental Programs, PA Department of Human Services.



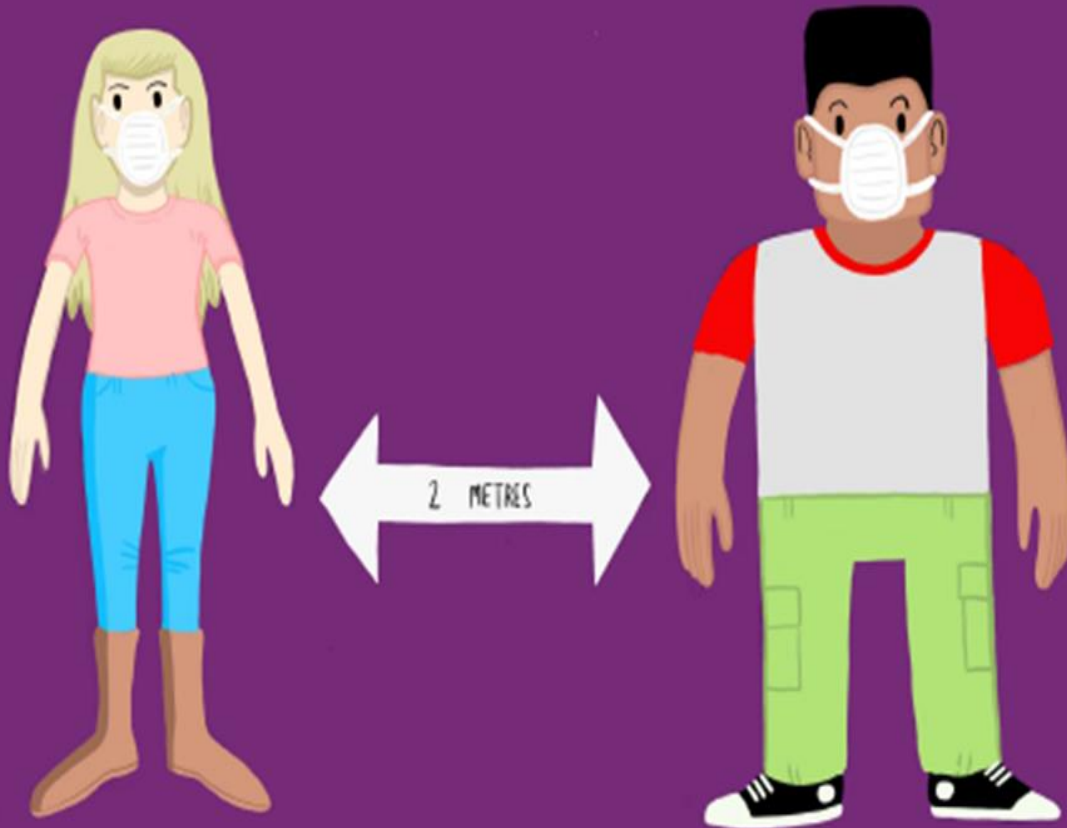


Washing your hands



HAND WASHING	<p>I need to wash my hands to stay healthy.</p>	<p>I should wash my hands after using the bathroom.</p>	<p>I should wash my hands after I sneeze or cough.</p>	
	<p>I need to use soap and water to wash my hands.</p>	<p>I need to first get my hands wet.</p>	<p>Next I put soap on my hands.</p>	
	<p>I need to rub the soap all over my hands.</p>	<p>I should rub my hands together for 20 seconds.</p> <p>1, 2, 3, 4, 5...</p>	<p>I can sing "Happy Birthday" twice to make sure I wash my hands long enough.</p>	
	<p>I rinse my hands with water.</p>	<p>I dry off my hands with a paper towel.</p>	<p>Now my hands are clean!</p>	
				<p>PAautism.org</p>
	<p>Pennsylvania's leading source of autism-related resources and information 877-231-4244</p>			<p>The ASERT Collaborative is funded by the Office of Developmental Programs, PA Department of Human Services.</p>

What Is Social Distancing

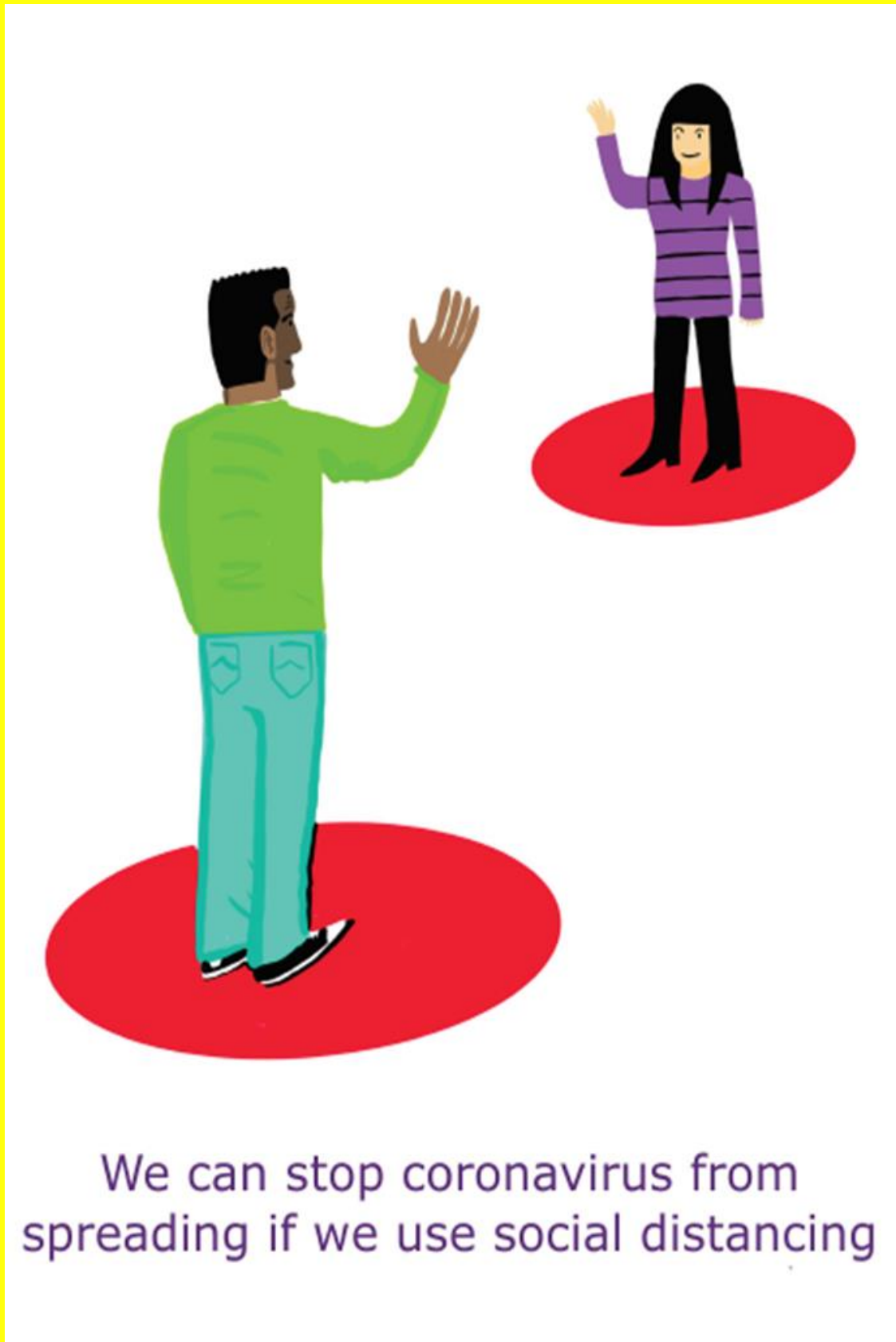


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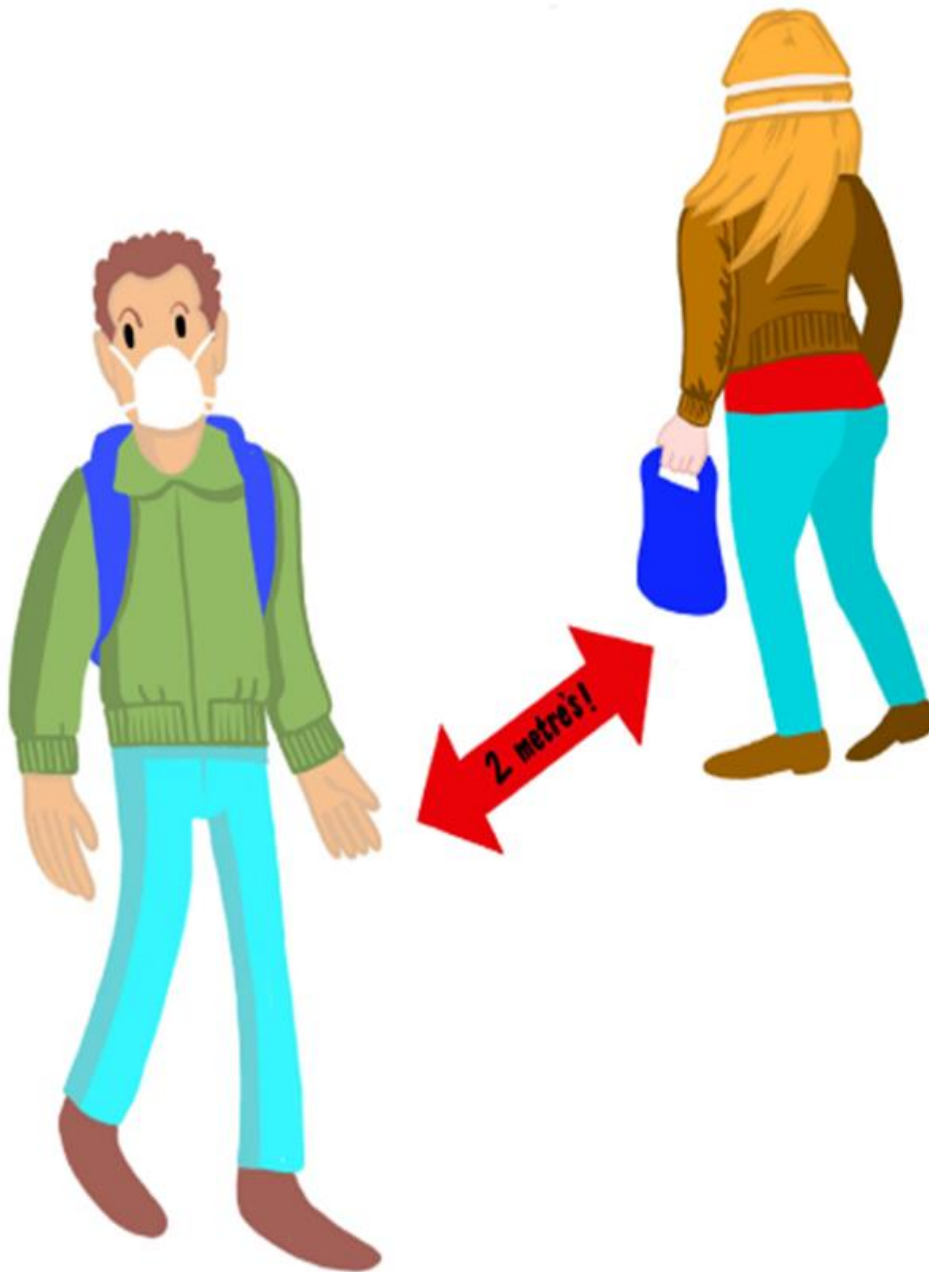
I wonder what social distancing means
I have been hearing it a lot



We can stop coronavirus from spreading if we use social distancing



Coronavirus can spread if someone coughs or sneezes and is standing too close to other people



Social distancing means keeping extra space between myself and other people

Try not to do these things...



Shake hands



High Five

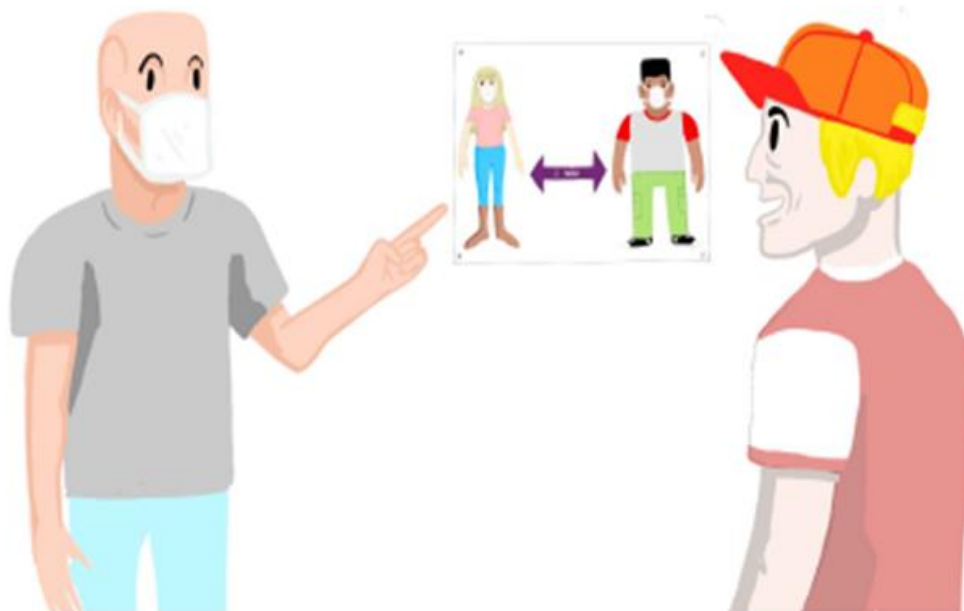


Hug

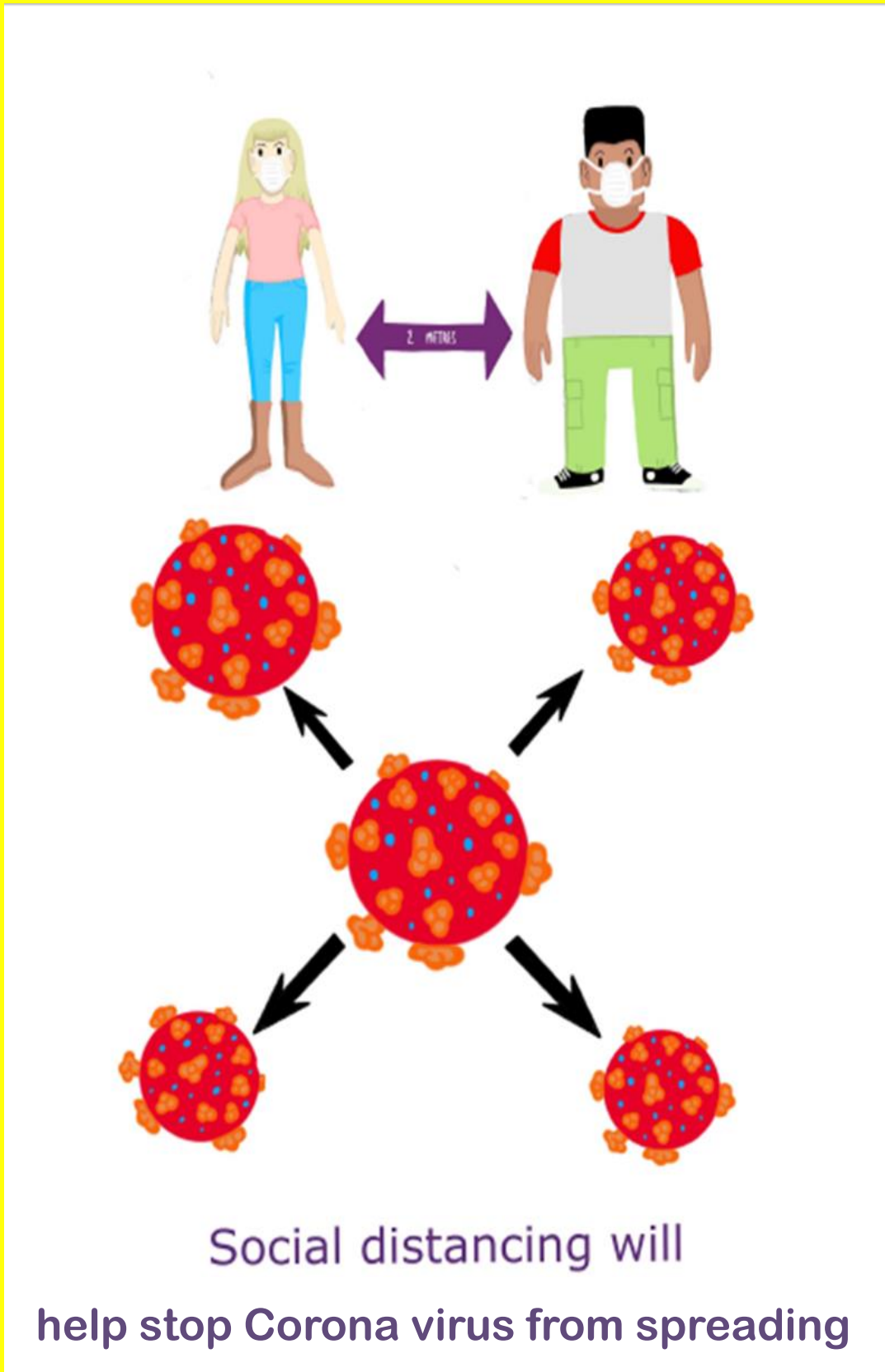




Everyone at work will be social distancing



Support staff can help me learn about social distancing



Social distancing will
help stop Corona virus from spreading

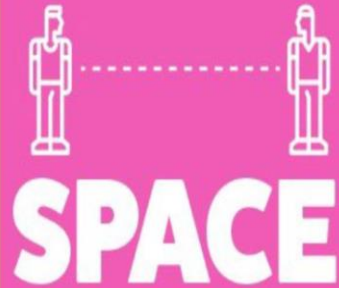
 HM Government

NHS

WASH

COVER

MAKE



HANDS



FACE



SPACE





Coronavirus is a new illness spreading across the world. The symptoms are

- * **Fever**
- * **Cough**
- * **Trouble breathing**

Don't spread it



Wash hands regularly



Use a tissue for coughs and bin it



Don't touch your face or eyes with your hands



If you are worried
DO NOT go to your GP
Stay home and phone
NHS 111



Gardening brought everyone together By all at Masefield Oxfordshire



Gardening brought everyone together

There is nothing more pleasant than a garden landscape where you can admire the rainbow of colours and mix of textures at the same time that you are taking in the sweet aroma of flowers and herbs.

We got funding from MacIntyre Staff Council to implement a Sensory Garden in our Service; it was one of the chosen activities to practise at home due to these unprecedented times, obviously with rewarding results.

From the first day we (Matthew, Lewis and Daniel) were involved in planning

Matthew got involved in planting with staff, Lewis was blasting tunes sat out under the gazebo to keep us going and Daniel was enjoying seeing everyone out in the garden as he swung happily.





Gardening brought everyone together By all at Masefield Oxfordshire (continued)

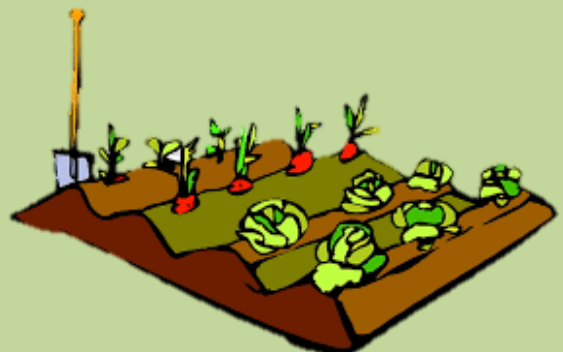


We helped by watering plants. It is a nice experience; watering the plants, learning how plants are growing and the last stage, tasting some of the veg we grew.

We made a nice Spanish omelette with the potatoes, some salad with the lettuce and we are using some herbs in food to give more flavour.



And it was the first time that Matthew, Lewis, and Daniel were all sharing the garden at the same time. It might not seem like much but it is a breakthrough. Gardening brought everyone together.





Hobbies and Interests



Bird Watching By Malcom in Milton Keynes



I have a new lockdown hobby I would like to share with you, no make that two as I like to go bird watching when I am out walking with staff.

I have my own special pair of binoculars so I can see the birds when I out walking. I see what bird it is and I write it down to make a record of it.

With my binoculars I can see birds from a long distant and even some that are flying in the sky.

Because there is less noise around and we are at home more we can see more wildlife.

I get healthy from walking and I have a smile when I see a bird that I don't normally see.

This is me with my pair of binoculars on my bird walk.





Hobbies and Interests

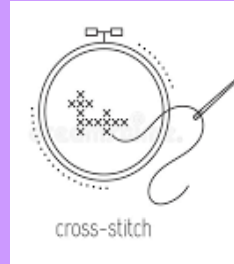


Doing my Jigsaw Puzzle By Jess in Worcestershire



I always like to be busy and I have loved doing zoom bingo and other meetings.

I love doing cross stitch.



But I have found a new hobby which is jigsaws and I love doing them.





Sports and Leisure



Lockdown Keep-fit in our garden at home By Danny and Malcolm in Milton Keynes



Hi everyone since December 2020 it's been lockdown part 3. The two of us would normally pop out a few times a week to go to the gym but we couldn't now, so we now have exercise bicycles outside in our garden where we live.

We have 3 exercise bicycles and as you can see from our photos our staff have put each one so that we are social distancing. It is always good to remember to exercise every day and to get fresh-air, which is what we are doing.



The Government says it is good to go outside for exercise, so even if somebody hasn't got an exercise bicycle please go outside for a walk as it can make all the difference. We think it's fun too.



Exercise allowed outdoors once a day, in your local area. You can exercise with your household, support bubble, or one other person





Chicken Madras



To make chicken madras you will need



- a blender



- a sharp knife



- a chopping board



- a large frying pan





Food and Drink



- a wooden spoon



- A chunk of ginger the size of your thumb that has been peeled



- 1 onion that is chopped into small bits



- Half a teaspoon of turmeric



- 1 tablespoon of olive oil



Food and Drink



- 2 cloves of garlic that are peeled and chopped into small bits



- 1 teaspoon of ground cumin



- 1 teaspoon of red chilli powder



- 400g tin of chopped tomatoes



- 4 chicken breasts cut into chunks



Food and Drink



Put the onion and garlic and ginger and chilli powder into the blender



Blend until it becomes a paste
A paste is smooth



Heat the oil in the frying pan



Put the paste in the frying pan and fry for 5 minutes

Use your wooden spoon to stir
Add a splash of water if it starts to stick to the bottom



Add the cumin and turmeric to the frying pan and cook for 2 minutes

Use your wooden spoon to stir



Food and Drink



Add the chicken breast chunks and cook until they turn pale

Use your wooden spoon to stir



Pour the chopped tomatoes into the frying pan

Use your wooden spoon to stir



Put the lid on the pan and cook on a low heat for 30 minutes



You can eat your curry with rice and nann bread



And enjoy



Remember me



Elizabeth from Warrington



We are really sad to have to tell you that Elizabeth from Warrington died in January.

Elizabeth was a MacIntyre Checker and received her 5 year, long service award in 2020. Elizabeth loved coming to work and was very proud to have a paid job. She was thrilled to get her pay slip every month and enjoyed planning how to spend her money.

When Elizabeth came into work she lit up the room with her laughter and smiles. She was extremely popular and a hardworking and valued member the team.

Elizabeth also used the Warrington Lifelong Learning Centre and really enjoyed dancing and singing where she had many friends. She was also an enthusiastic member of Warrington Speak Up Group. The team at the Learning Centre said – She was everyone's friend and had a wicked laugh and sense of humour. She will forever be in our hearts as she touched so many of us and will be missed by all of her friends at the Learning Centre. Sleep well Lil x

Elizabeth will be greatly missed by everyone who knew her x

Think Happy Be Happy - A great saying from Elizabeth

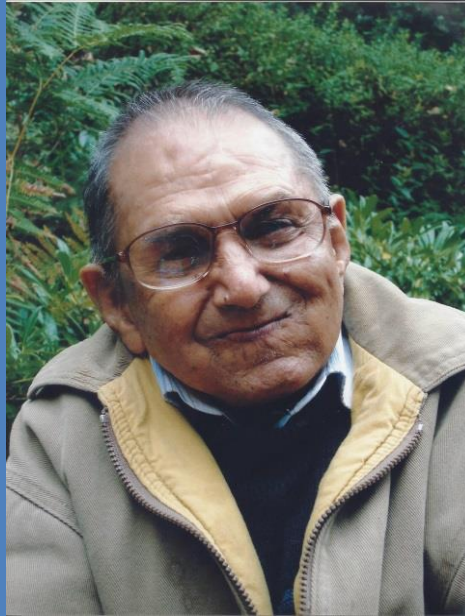
By The MacIntyre Checkers



Remember me



Arshad from London



26/11/1934 – 28/12/2020

A true gentleman, Arshad lived in our London service since it opened in 1995.

He was happiest when he had a cup of tea in his hand. Arshad had a smile that would light up the room and a great sense of humour, he would happily put staff in their place from the comfort of his armchair!

Arshad enjoyed a close relationship with his family and friendship with the people he lived with over the years.

The staff team have many happy memories of times spent supporting him at home playing games, listening to music, going out shopping and supporting him on holiday and will miss him greatly.



Remember me



Tony from London



Tony was a big character at his home in London which he had lived at for 8 years. Tony enjoyed a wide range of hobbies and interests, he loved going to the cinema and for meals out, he regularly visited the library and attended his local church.

At home, you would often find Tony in the kitchen baking with staff or creating a new masterpiece as arts and crafts were really important to him.

Tony was a caring and kind man, he was very fond of his niece and family who he enjoyed visiting and going shopping with at Christmas (his favourite time of year), he also valued video calls with his niece during lockdown.

Tony had a strong voice and was very clear how and when he wanted to be supported and ensured the staff team always knew his wishes. He was popular amongst the staff team and is greatly missed.



Christmas cards designs By Daniel in Warrington



During lockdown I have been very creative making Christmas cards. My staff Tara started supporting in April and she created a visual art idea folder with visual items I need, to improve my independence.

As we are on lockdown again we decided to start on my Christmas crafting early to keep myself and Tara busy.

I looked at different ideas then I add my own personal touch and change them around a bit.

All the details and art I do myself with a small touch of support thrown in.

Here is a few festive Christmas cards I have have made already.





Art and Craft



Artwork



**Autumn Gallery
by Tommy at Milton Keynes**



My Farm



Linda
Milton Keynes



Matthew – Milton Keynes



Jo -Woburn Sands



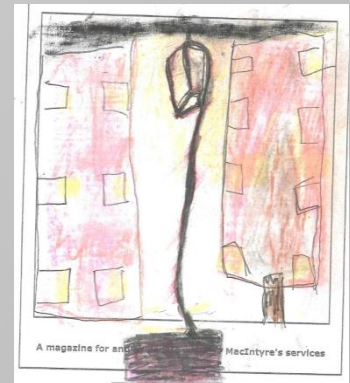
Aramandis – Milton Keynes



Philip – Shrewsbury



Yasmin – Milton Keynes



David – Milton Keynes
David – Milton Keynes



Fun and Games



Quiz time



1 Snowflakes usually have how many sides?

- 6
- 8
- 4
- 10

2 Many celebrations happen near the shortest day of the year. What is this day called?

- Summer Solstice
- Spring Solstice
- Winter Solstice
- Autumn Solstice

3 When the weather is extremely cold and dry, snow is less likely to fall.

- True
- False

4 What do we celebrate on January 1?

- Easter
- New years eve
- New years day

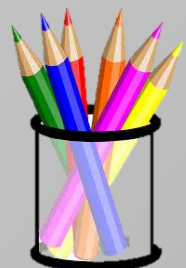
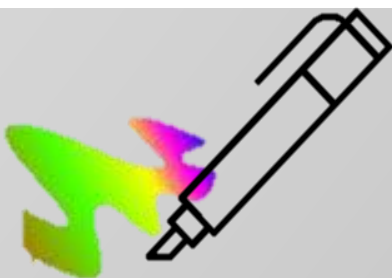
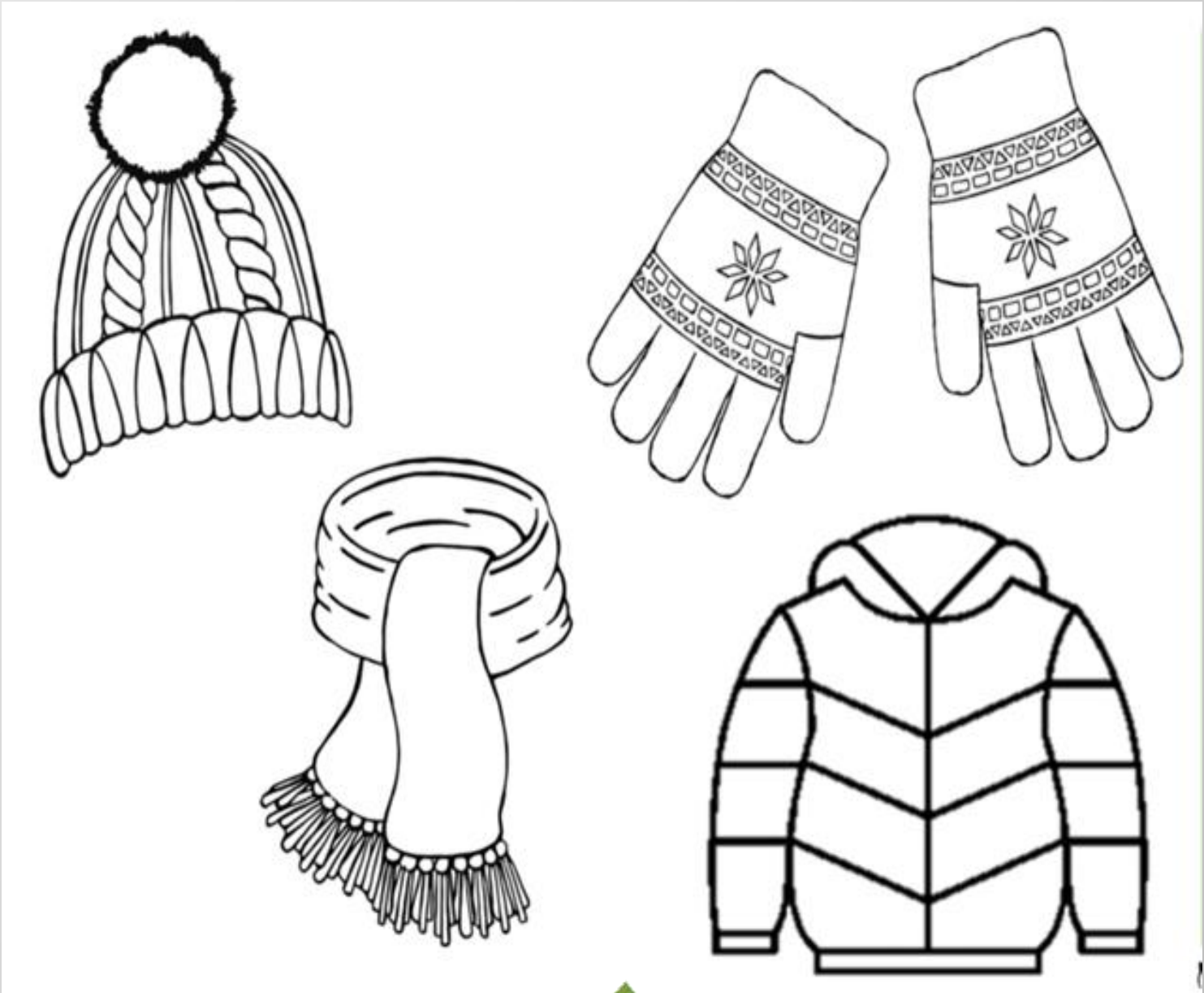
Answers on page 62



Fun and Games

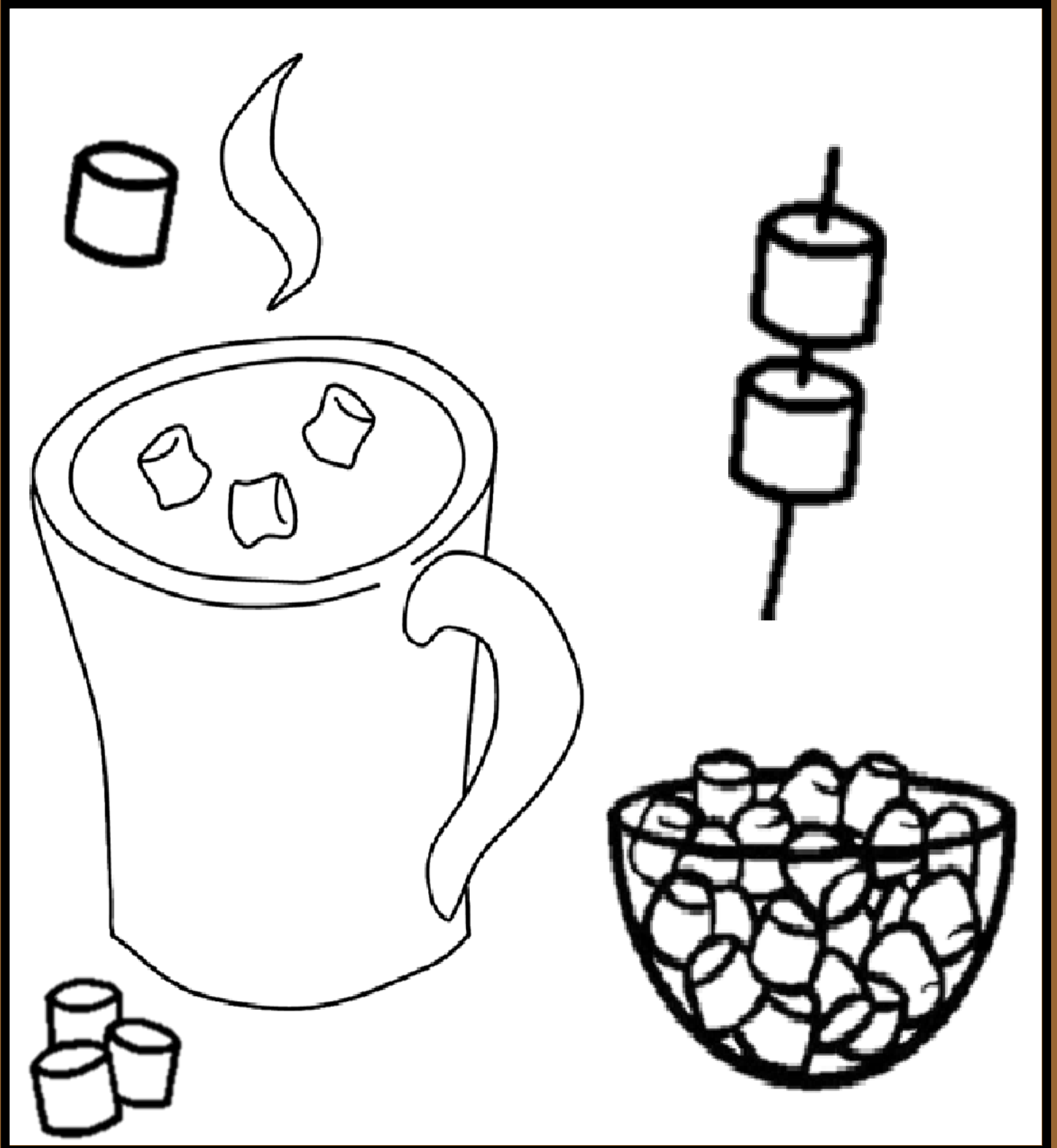


Colouring





Hot Chocolate colouring in



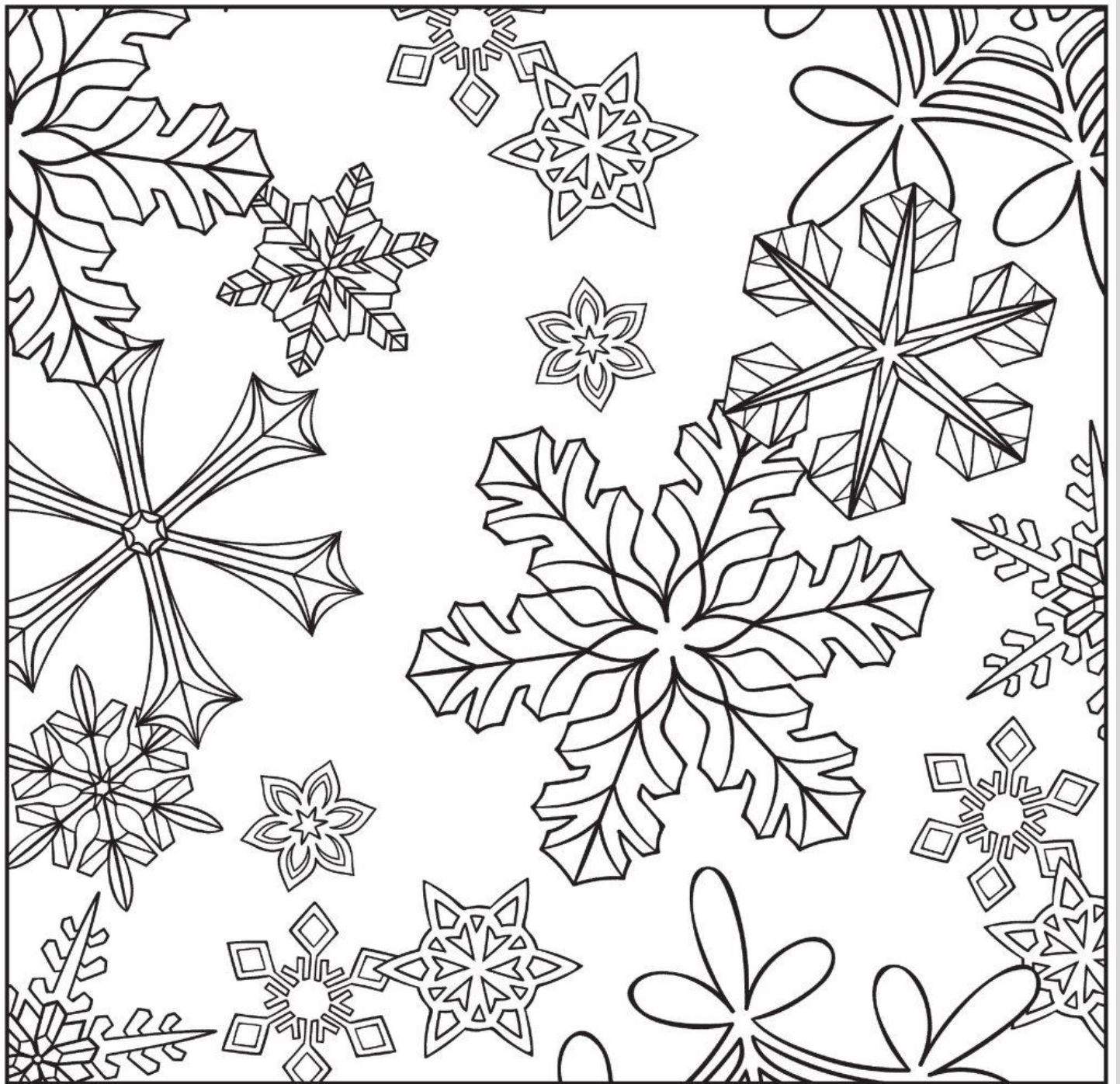


Fun and Games





Fun and Games





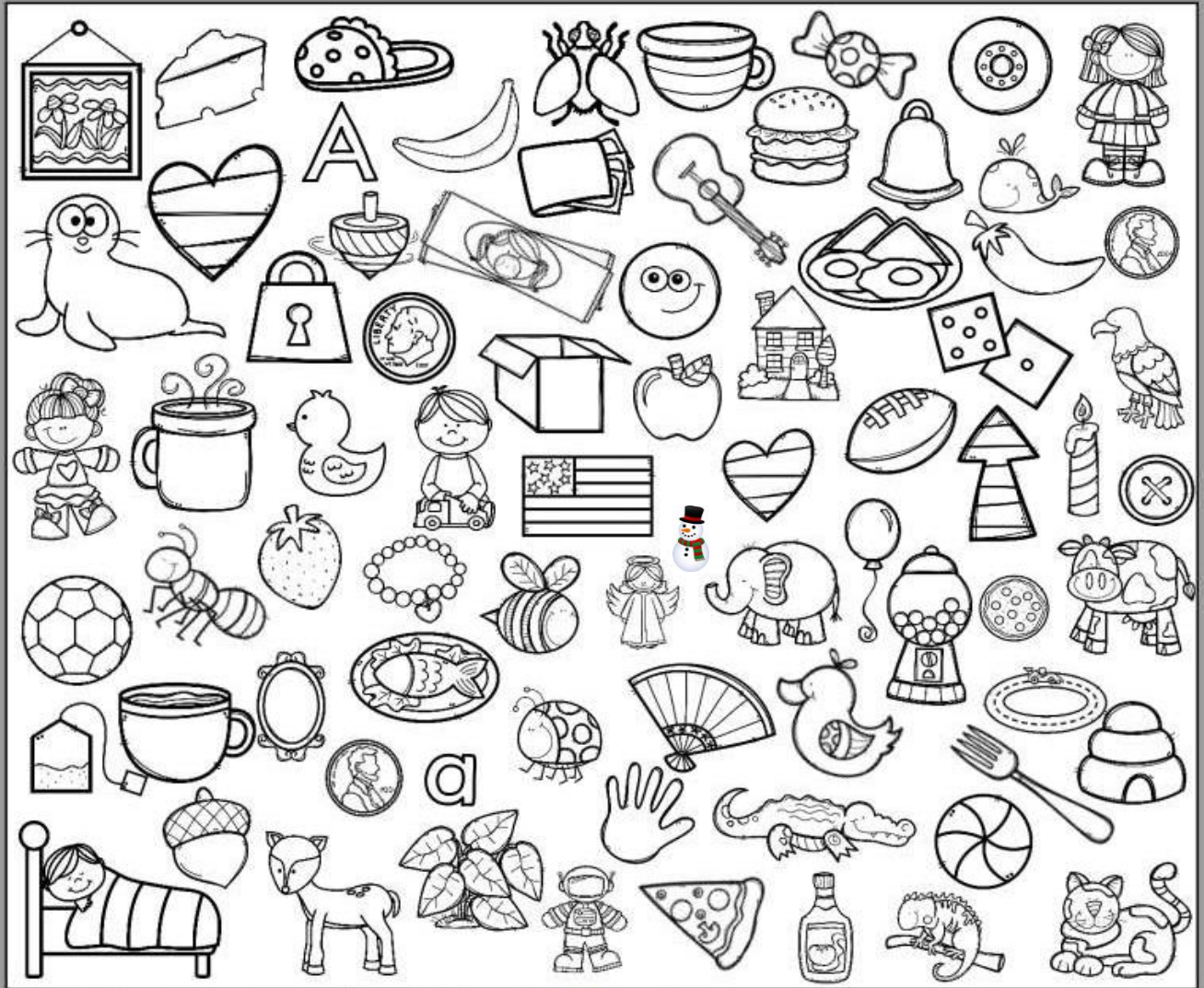
Fun and Games



Aa

LOOK & Find

Find the pictures and color them in. Check off each picture as you find it.



*BONUS: Practice writing 'A' and 'a' on the back of the page.

©Lauren Tl

	A		
	a		



Fun and Games



Word Search

Find the different types of Transport



- GONDOLA
- CRUISE SHIP
- JET SKI
- SKATEBOARD
- MONORAIL
- TRUCK
- MOPED
- TRAIN
- FERRY
- OIL TANKER
- PLANE
- VAN
- BICYCLE
- SPEEDBOAT
- PEDELO
- SEGWAY
- CAR
- YACHT

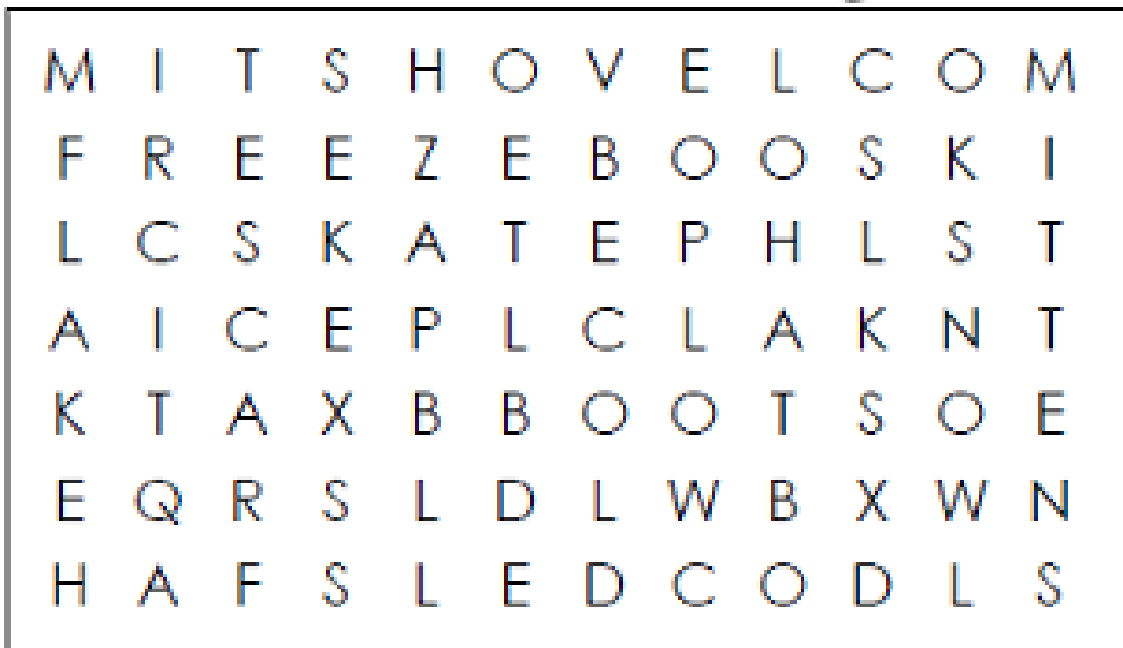
A	N	R	K	A	P	A	T	D	E	P	O	M	A
C	R	U	I	S	E	S	H	I	P	O	A	C	O
Y	F	E	R	R	Y	P	R	E	A	S	N	D	M
G	A	O	Y	L	T	E	L	A	R	G	C	O	O
N	D	C	C	A	R	R	O	A	O	O	N	C	O
A	S	E	H	I	W	A	U	N	N	O	A	I	K
V	A	N	W	T	N	G	D	C	R	E	L	K	E
T	T	R	A	I	N	O	E	A	K	C	A	S	E
E	L	A	O	A	L	E	I	S	T	N	U	T	P
E	M	I	R	A	D	L	B	T	A	A	J	E	E
F	O	R	E	K	N	A	T	L	I	O	S	J	D
T	T	O	E	S	R	E	L	C	Y	C	I	B	E
R	L	E	S	K	A	T	E	B	O	A	R	D	L
A	S	I	U	T	A	O	B	D	E	E	P	S	O



Word Search



Winter Fun



Find these words in the puzzle. Words are hidden → and ↓.

- BOOTS
- COLD
- FLAKE
- FREEZE
- HAT
- ICE
- MITTENS

- PLOW
- SCARF
- SHOVEL
- SKATE
- SKI
- SLED
- SNOW

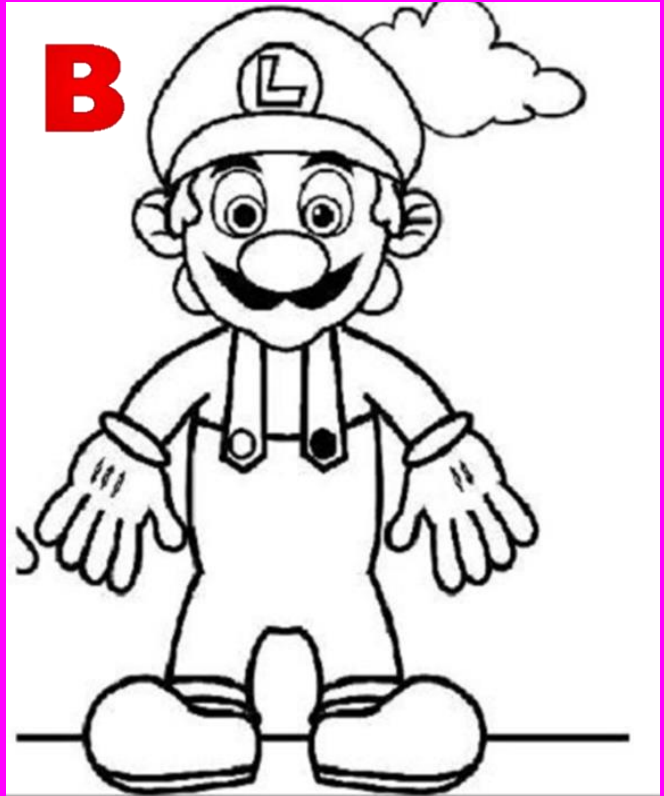




Spot The Different Puzzle



spot 5 differences



Answers from page 52

1 Snowflakes usually have how many sides?

6

2 Many celebrations happen near the shortest day of the year. What is this day called?

Winter Solstice

3 When the weather is extremely cold and dry, snow is less likely to fall.

True

4 What do we celebrate on January 1?

New year's day



Competition



Autumn Competition winners



The winner of the Autumn competition is

Autumn Winner is

Katie from Woburn Sands



Winter Mag Competition



Send The Mag your best joke



We would like our readers to tell us their best joke

The Mag wants lots of jokes for the Spring issue

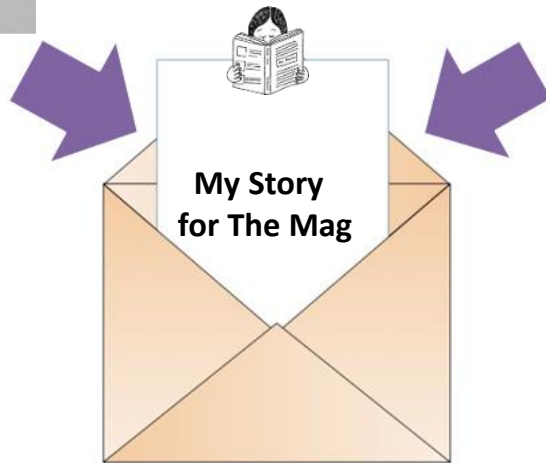
The winner will win a lovely prize and each entry will be included in the Spring issue of The Mag.



Please send your entries into The Mag at the address/email on our back cover.



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