

# Dementia Project Newsletter

August 2016

## Welcome to the first issue of the MacIntyre Dementia Project Newsletter



*MacIntyre Dementia Project Team. L to R: Nicola Payne, Dementia Project Officer; Karen Duggan, Dementia Project Manager; Sandra White, Dementia Project Administrator*

In February 2016, MacIntyre was awarded a grant from The Department of Health. This will enable us to create a range of learning and multi-media information resources to improve the support and care for people with learning disabilities who have dementia or are at risk of developing dementia.

We have called the project

“The MacIntyre Dementia Project”, and it has been funded for three years.

## Contents:

- Introduction to the team and the aims of the project
- “Keep Going……. Don’t Stop!” focus group
- Launch events
- Memory café in Warrington
- Toolkit of resources— now available!
- Freelance campaigner Beth Britton visiting services
- Future plans and important dates

If you would like to be involved in the project, or would like information on our future events, please contact us at:

[Karen.duggan@macintyrecharity.org](mailto:Karen.duggan@macintyrecharity.org)

tel: 07789 171400

[Nicola.payne@macintyrecharity.org](mailto:Nicola.payne@macintyrecharity.org)

tel: 07823 530100

[Sandra.white@macintyrecharity.org](mailto:Sandra.white@macintyrecharity.org)

tel: 01908 230100

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## “Keep Going……. Don’t Stop!” focus group in Chesterfield

We hold a focus meeting in Chesterfield, once a month called “Keep Going……. Don’t Stop!”. This is a group to ensure the voices of people supported by MacIntyre are heard.



*The group are compiling an Easy - Read booklet on ‘Respect’*



*The group at their July meeting in Chesterfield*



*Andrew, Claire and Louise demonstrating ‘No Bullying’*

We discuss how people feel about getting older and ways to age healthily and happily.

The group are creating a range of Easy-Read resources using real-life photos, rather than photo symbols.



*Andrew demonstrating ‘Be calm’*

**MacIntyre Dementia Project**

602 South Seventh Street, Milton Keynes, MK9 2JA

t: 01908 230100

[www.macintyrecharity.org](http://www.macintyrecharity.org)



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## The launch of the MacIntyre Dementia Project in Milton Keynes, Bedfordshire and Warrington - our Year One groups

In June, we officially launched our project, with informal side-by-side events in Milton Keynes, Bedfordshire and Warrington. We held drop-in sessions to explain future plans and to share ideas and experiences with people we support, staff, health professionals and external stakeholders

Nicola ran some of the popular Dementia Friends sessions, signing up more than 50 people over the three launch days!

**Thank you to everyone who came along and made the days so successful!**



*Dementia Friends sessions help to give people a better understanding of dementia*



*Milton Keynes launch event at Great Holm*



*The Bedfordshire launch event on 24th June at Millbrook Village Hall*



*Warrington launch event at Fairfield and Howley Neighbourhood Project*

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Let's share best practice....



*Staff at the Warrington Memory Café in July*

## Warrington Memory Cafe

Following the success of the Memory Café held monthly at Great Holm, Milton Keynes, July saw the launch of a similar project in Warrington.



Tell us about your ideas and what works well



*Milton Keynes Memory Café at Great Holm*

Memory Café community events aim to share memories and make friends over coffee and cake, and are open to everyone.

The next Memory Café in Great Holm will be on 23 August, please do come and join us !

In Warrington it will be held on 26th August at the Fairfield and Howley Neighbourhood Project, in the Old School Dining Room.

*Left: Enjoying coffee and cake in the Old School Dining Room, Warrington*

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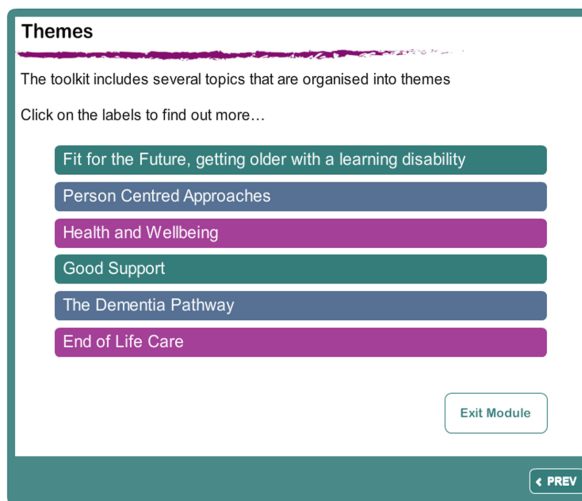
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The Dementia Project  
'Toolkit of resources'  
available now to the Year  
One groups.....



*Look out for the "Supporting People as they get older Toolkit" on My MacIntyre*

Over the next year we are putting together the 'Toolkit' of resources and eLearning –some subjects are now available on My MacIntyre. There is a range of resources, including e-learning modules, easy-read booklets and internet references and reports. All focus on the issues faced by people with a learning disability with dementia or who are at risk of developing dementia. Also included is information on general issues around getting older, such as, health and wellbeing plus end of life care.

Beth Britton to visit Year  
One services.....

In September, freelance  
campaigner Beth  
Britton plans to visit  
Year 1 services in  
Milton Keynes,  
Bedfordshire and  
Warrington, who  
support people who are diagnosed or  
suspected of having dementia.



Beth is an independent expert consultant working with MacIntyre Dementia Project and will be offering support to the year one groups. Beth will be able to answer any questions or concerns relating dementia. In particular Beth will provide advice on Life Story. As part of her visits Beth will also ask about best practice examples so we can share these with others.

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## Future plans:

We are currently finalising dates for three side-by-side workshops in February 2017 in Milton Keynes, Bedfordshire and Warrington.

They will focus on Life Story and person-centred-planning.

Watch this space for more information and dates!

## We are involved with:

- ◇ An interview with ARC Seven Communications on 6th September
- ◇ We are Expert Consultants for Aged Care Channel TV
- ◇ We are presenting at the Health and Care Innovation Expo 2016 in Manchester on 7th September with Gill Boston from the National Care Forum, on Dementia, Equity and Rights,



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## Important dates:

- Healthwatch meeting: 7th September in Milton Keynes
- Celebration' event at Great Holm: 10th September
- Warrington Memory Café: 23rd September
- Great Holm Memory Café: 27th September
- Dementia Project Steering Group meeting: 5th October
- Dementia Special Interest Group meeting 12th October
- Workshop to create easy-read Dementia Friends resources: 17th November for Warrington and 23rd November for Milton Keynes and Bedfordshire

**Come and visit us at the MacIntyre Roadshow in the north on 30th November and in the south on 8th December!**



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