

THE Ring

ISSUE THREE - 2019

All the news and achievements
from MacIntyre



MacIntyre

Providing support...your way



IN THIS ISSUE:

OUR LATEST NEWS

With four Memories and Miles events, two fabulous new roles and so many life-changing stories to share, we've had a busy few months here at MacIntyre.

A SPOTLIGHT ON...TRANSFORMING CARE

We shine a spotlight on our work within Transforming Care, sharing the inspiring story of James.

LEADING THE WAY

We take a look at the stories behind our Dimensions Learning Disability and Autism Leaders' List 2019 nominees.

Welcome

from Sarah Burslem

As a large and diverse organisation, we spend a lot of time thinking and planning, especially at times of economic and political flux. I am delighted to see several projects coming into fruition and having a real impact on the lives of the children and adults that we support.

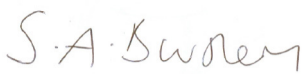
I have previously shared our plans for supporting more people to move from Assessment and Treatment Units (ATUs) to community-based housing with support from MacIntyre. I am delighted that we now support 11 people who have previously lived in ATUs. In this edition, we share one of these stories, specifically about a young man who previously lived in an ATU. It is lovely to see just how fulfilling his life now is.

I have also talked in past editions about our intention to invest charitable funds in a number of projects and again, I am delighted that we are beginning to reap the reward of this investment.

Health equality for disabled people is one such project and our aspirations will be boosted by MacIntyre's employment of an Admiral Nurse, the first ever that will be specialising in care for people with a learning disability who develop dementia.

Our Great Communities project, also funded by charitable funds, has had a successful 12 months connecting with over 60 people with a learning disability living in Warrington who were in danger of falling through the funding gap and becoming isolated. The project has connected these people, not only with each other but with businesses and organisations too.

So, while it is sensible and important to plan, we must always remember to measure the impact the plans have on the lives of people we support. It really is all about people and the lives that they live and I hope this message comes across in our publications, such as The Ring.



Sarah Burslem, Chief Executive Officer



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Have a story to share?

Do you have a story to share about someone supported by MacIntyre? Perhaps someone we support has achieved one of their goals, grown in confidence, or dared to try something new?

If so, we would love to hear from you.

Contact the Editor:

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Our Vision

For all people with a learning disability to live a life that makes sense to them.

Our Mission

We will support a sense of wellbeing through a celebration of each person's unique gifts, talents and contributions, the quality of our relationships and ensuring the promotion of real opportunities to connect with others.

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 [@meetmacintyre](https://www.instagram.com/meetmacintyre)



Our latest news



Go Purple Week 2019

It's no secret here at MacIntyre, we love purple. We also love celebrating how creative our staff, fundraisers and the people we support can be. 'Go Purple Week' combines both and where purple is concerned, there are no limits.

From 7-11 October it was 'Go Purple Week 2019' and we saw a host of genius and collaborative ideas; from purple wigs, purple beards, purple ducks to purple-themed raffles. It's safe to say we loved seeing everyone's contributions!

Learning Disabilities Admiral Nurse

Following a new partnership between Dementia UK and MacIntyre, we are proud to share that a fantastic opportunity has arisen for a registered nurse to join MacIntyre as a 'Learning Disabilities Admiral Nurse'. This role is unique and particularly exciting, as the individual will be the first specialist 'Learning Disabilities Admiral Nurse' in the country.

Responding to the news, Sarah Ormston, MacIntyre's Health, Dementia and Wellbeing Manager said:

"We are so pleased to share the news of a Learning Disabilities Admiral Nurse. Since the MacIntyre Dementia Project funding came to a close last year, we are more committed than ever to continue our achievements in the field of learning disability and dementia."



We're in the West Midlands!

Last year, we were delighted to announce we had been chosen as the provider to support people under the Transforming Care agenda in the West Midlands.

Now, following months of dedication and hard work from our team, we are delighted to share that we are now officially providing support across Birmingham, Coventry and Warwickshire and are already making a difference.

You can read the full article on our website.

Around MacIntyre...

What have the people we support, our staff, families and specialist teams been up to across the country? Find out...



A new best friend for Jess

Jess is an accomplished author, a voice for people with disability, a volunteer with the charity Guide Dogs for the Blind and an advocate of the message 'it's okay to be different.' Oh, and she also has a learning disability. For Jess, she wanted nothing more than to give love and care to a dog, which came with a few challenges.

Now, after months of anticipation, Jess was united with her new best friend, Pip. We think they make quite the duo already.

The Cherries turns 30

Recently, The Cherries in Flackwell Heath celebrated their 30th birthday in style, by holding a party to remember. Staff, people supported and the local community shared stories, danced and enjoyed a raffle; raising over £500 as a result.

Caroline, Frontline Manager at The Cherries said: "What a fantastic day! So much support, lots of involvement from the people we support. It was great hearing stories about The Cherries and the people we support from the people in the village."



New Print Shop in Leicester

We're pleased to share that our Print Shop, 'Prints Charming' has a brand new home in Thurmaston, Leicestershire.

Prints Charming is an online enterprise and print shop run by No Limits, our further education provision.

The shop features a range of products, including: tea towels, mugs, jigsaws, t-shirts and much more. All items can be ordered from: thurmastonprintscharming.blogspot.com.



Fantastic total raised in Hampshire

In August, staff and people we support from Lane End House in Hampshire held a barbeque and raffle; raising over £500 towards a brand new sensory room in just a few hours. This fantastic total will go towards their target of £6,000.

The team at Lane End House and the people we support were delighted to welcome members of the community to take part in the raffle. The raffle featured prizes including: tickets to Butlins, supermarket vouchers and perfumes. Each of the prizes were donated by local businesses and members of the community.



James' Story: Transforming Care



At MacIntyre, we believe everyone should have the chance to live a life that makes sense to them.

After spending 19 years in a hospital, James*, who has a learning disability and a diagnosis of schizophrenia, didn't think he would ever have a home of his own. Now, with support, James has moved out of the hospital and is an active and valued member of his community.

Whilst in hospital, James lived in isolation and was restrained regularly. He had access to the community once or twice a week, but staff there would often revoke his trips out as a form of punishment.

James enjoyed routine and liked to shut doors or turn the lights off himself. When he didn't have control over anything in his life, it was one of the things he could do independently. However, hospital staff would stop James doing this and as a punishment, James would often lose his privileges.

After 19 years in hospital, James was deemed as having a moderate learning disability and his mental health had suffered, which affected his IQ.

MacIntyre staff began supporting James to transition out of the hospital, which took close to 18 months in total.

In this time, our team developed a strong relationship with James. They learnt his likes and dislikes, how to best support

him in a person centred way, all whilst making sure his mental health was considered at all times.

In October 2018 James moved out of the hospital and into his own home, where he has had a stable and consistent staff team who enjoy supporting him. Staff say James is funny, engaging, friendly and they look forward to their shifts with him.

James now has free access to the community and has made many links with people. In the past 12 months, there has only been one incident. James has never been restrained by his staff team, which is an incredibly positive change.

Since joining MacIntyre, James has begun to re-learn the life skills that he lost while in hospital; which include shopping, cooking and cleaning. He now takes a small amount of money to the shops and enjoys choosing what he wants to purchase.

James says he feels settled in his home and often shares how happy he is and explains he never wants to go back into hospital.

Every day James still lives with his schizophrenia, but due to the consistent, person centred support he receives, his diagnosis no longer controls his life.

*The person's name has been changed

Work that's worthwhile...

At MacIntyre, we are all about people. We feel inspired by the people we support, the dedication of our colleagues and the life long relationships that we build together.

With limitless career progression, support and training from an award-winning organisation and the chance to make a difference, make the next step in your career count with us.

If you know someone who would make a great addition to our team, why not recommend them? With a variety of roles across the country, there's more to MacIntyre than meets the eye.

E: careers@macintyrecharity.org

T: 01908 357016





Memories and Miles 2019

Four walks, four miles and just under £2,000 raised, did you join us for Memories and Miles 2019?

In 2018 we launched our first Memories and Miles walks to celebrate loved ones with dementia and raise money for our growing number of Memory Cafés. This year, we were thrilled to hold four more fully accessible events in Warrington, Milton Keynes, Chesterfield and Ellesmere Port.

Launching the first event of the year in Warrington, we were delighted to see a host of walkers, as well as welcoming Warrington Wolves' very own mascot, Wolfie.

Speaking about the event, Becky Brindle, Frontline Manager in Warrington said:

"The day was a real success. We organised a local gym to come and do a warm-up for us, this created a great atmosphere and there was lots of singing and dancing."

At our Milton Keynes event, we were fortunate to have several fantastic volunteers supporting us, including Rosie and Betty, our youngest volunteers! We also saw several people we support taking on the one-mile challenge, celebrating their achievement with our Memories and Miles medals.

Whilst at Chesterfield, people we support were involved in the event from the beginning to the very end, creating homemade signs to indicate the beginning and end of the walk.

One young lady we support in Chesterfield went above and beyond what she thought she could achieve. Emma was initially attempting the one-mile route, however, she kept going and finally finished after five miles; something she was incredibly proud to achieve.

Emma said: "Everyone encouraged each other and the scenery of the walk was great."

Whilst a number of our events raised money to continue holding our Memory Cafés across the country, our team and people we support in Ellesmere Port hoped the funds raised would contribute to setting up a new Memory Café in their area.

Referring to the Ellesmere Port event, Amanda, a member of staff said:

"We had people we support, staff, friends and families. It was a real mix of ages too, but everyone came together and seemed to have a really enjoyable day. There were lots of people asking when the next one is!"

Following the success of the event, the Ellesmere Port Memory Café is set to launch in 2020.

Inspired to come along to one of our Memory Cafés? All of our 2020 dates are now on our website.





Introducing Carly Morrissey, My Way Transforming Care Facilitator

Earlier this year following a charitable donation, we were delighted to invest in new roles to support our vision to work closely with families of the people we support.

As part of this vision, over the next three years at MacIntyre, we plan to develop alternative community-based solutions, for people currently inappropriately placed in secure residential settings.

Carly Morrissey, who has recently been appointed the role of 'My Way Facilitator', is helping us to achieve this goal.

Sharing her thoughts on her new role, Carly said:

"Transforming Care is in the news a lot at the moment for all the wrong reasons, but this is an amazing opportunity to make news for good reasons. MacIntyre has a high level of integrity and values and, by investing further in this area, we can make sure this is carried forward by:

- Ensuring that we fully support everyone through transition and onward, to living in the community.
- Building bridges with families who have lost trust through the difficulties their family member has been through.

I am really looking forward to getting started in the role and using the skills I have already developed to make a difference. I look forward to working with and alongside everyone involved in Transforming Care."

Introducing Nicola Payne, Family Engagement Consultant

We also sat down with Family Engagement Consultant, Nicola Payne to discuss her new role and the impact this will have on families of the people we support.

"Hello, my name is Nicky. For those who do not know me, I have been working at MacIntyre for the past 13 years.

I would like to formally introduce my new role at MacIntyre as Family Engagement Consultant. This is a new post within MacIntyre and I am really excited to be part of this.

My role will focus on building new relationships with families and nurturing existing relationships. I will be working closely with families and people we support, as well as driving our family strategy. To do this, I will be helping to guide existing relationships and exploring new ways to ensure the views of families are heard.

Over the next few weeks and months you will start to hear more from me. We have a busy time ahead and I am positive in the near future, I will have so much to share with you all. Watch this space!"

To get in touch with either Carly or Nicola, contact: hello@macintyrecharity.org





Leading The Way: Our Nominees

Dimensions Learning Disability and Autism Leaders' List

At MacIntyre, we're thrilled that several people we support have been recognised for their outstanding achievements, after being nominated for the Dimensions Learning Disability and Autism Leaders' List 2019.

Andrew Lawson

Andrew, who has been supported by us for nearly ten years, has recently begun to make changes to his life which has had a huge impact on his outlook. He learned that it's okay to want a relationship and recently went on his first holiday abroad.

Ciaran Bradley

Last year, Ciaran discovered our Great Communities Project and since then he has flourished. He has embodied the phrase 'people doing it for themselves' by setting up his own successful film club.

Rosie Joustra and Rachel Silver

Health, Dementia and Wellbeing Assistants Rosie and Rachel have continued to be essential members of our Health, Dementia and Wellbeing Team.

They both have presented at multiple conferences across the country and continue to help us make a difference.

Keith Lomax

Taking his job of litter picking with the Salvation Army seriously, Keith is truly proud to be making a difference.

With Keith's keen eye, not a bit of rubbish goes unnoticed and as a result, his confidence has skyrocketed.

Keep Going Don't Stop Group

Formed in 2017, 'Keep Going.....Don't Stop!' is a group of seven people who have learning disabilities from Chesterfield. The group co-produce documents to raise awareness of topics related to health and learning disabilities.

Across two years, the team have flourished; developing their independence, gaining confidence in their abilities and learning to make their voices heard.

The winners will be announced by Dimensions on Tuesday 3 December 2019, so keep your eyes peeled!



MacIntyre
Providing support...your way



Christmas Fair

Over 70
stalls

Sunday 1 December
12pm-4pm

Chicheley Hall, Chicheley Road,
Newport Pagnell MK16 9JJ



“I have really grown in confidence.”

At MacIntyre, we continue to be inspired by the young people we support and Bryony is no exception. When we first met Bryony, she was extremely shy and found talking to others quite challenging. Not only this but being out in public spaces, such as shopping centres, would cause Bryony to feel incredibly anxious; fearing what others may think of her.

Starting with MacIntyre No Limits in 2016, Bryony began to learn techniques to take control of how she was feeling and express her emotions through Lego Therapy.

Writing in her blog, Defeating Disability, Bryony shared: “I worked with my support workers on something called Lego Therapy, this is when you choose a lego brick colour that best represents an emotion.

This was a great way to show others how I was feeling when I couldn't express my emotions verbally or when my thoughts are going round in my head at 100 miles an hour.”

This technique would help Bryony to feel safe in public spaces. Over the course of three years with us, Bryony began to develop domestic skills, harnessed her talent for cooking by coming up with her own social enterprise project selling baked goods and took part in several work experience placements in her local community. Bryony was finally confident in her self and her abilities.

“Through my time with MacIntyre, I have really grown in confidence and I now have skills to help me be more independent in everyday life!”

She added:

“I have achieved things that used to make me feel extremely anxious and scared. But now I am able to do things around and about my community with more confidence.”

To find out more about MacIntyre No Limits, contact: hello@macintyrecharity.org

Could you help Tom find Alan?

Tom, a gentleman we support in Bedfordshire, is looking for his childhood friend Alan German. During their time at Westoning Manor, Tom and Alan were inseparable. However, it is possible Alan was adopted in the 1980s and the pair lost touch. Tom continues to speak highly of Alan and would love nothing more than to see him again.

If you think you know of Alan's whereabouts, please do get in touch with Tom's Support Worker Kym Harries: hello@macintyrecharity.org



Above: a photograph of Alan

Thank you to...

Our Memories and Miles supporters

Thank you to everyone who walked at our Memories & Miles events in Chesterfield, Ellesmere Port, Milton Keynes and Warrington who raised just under £2,000 overall for our Memory Cafés.

Fish and Chips Quiz Teams

The teams who took part in our Fish and Chips Quiz Night in Milton Keynes in September and raised over £445 for our Lifelong Learning teams.

Bedford Twilight

The runners at the Bedford Twilight 5k and 10k events. We look forward to being involved in this great event again next year.

Woburn Sands Festival

...who chose MacIntyre as one of their beneficiary charities and raised £685.

Milton Keynes Community Foundation

...who made a donation of £2,277 for a new accessible till at our Coffee Shop at Great Holm.

The E M MacAndrew Trust

...whose gift will be split equally between each of MacIntyre's Special Interest groups for Autism, Dementia, Health, Positive Behaviour Support and a new group which is being established for families.

'In Memory' Gifts

We have recently received a number of generous 'In Memory' gifts which will make a difference for people we support in Aylesbury, Chester, Leicester, Milton Keynes and Shropshire.

Our fabulous corporate supporters

A number of companies have raised money, made donations or given their time, including; Puratos, Willmott Dixon, Cobham Aerospace Connectivity, Freeths, John Lewis Partnership, Tesco and Morrisons.

MacIntyre Lottery

A big thank you to two of our fantastic MacIntyre Lottery players who kindly donated their prizes back to us.

We really would not be where we are today, without the continued support of each and every one of our fundraisers, Corporate Partners and lifelong supporters.



Congratulations

...to all our colleagues that celebrated their MacIntyre anniversaries recently!

5 years

Anne Venables
Amid Akande
Shaun Gosney
Jonathan Taylor
Ellen Callaghan
Luke Vaughan
Luna Hernandez
Lyn Mawhinney
Louise Stevens
Christopher Taylor
Victor Onakpo
John Webber
Jordan Moore
Jason Tippet
Donna Salmon
Matheu Patten
Jennifer Nyman-Hansen
Kelvin Barfour

10 years

Elizabeth Eesuola
Phillip Ngotho
Valerie Scoltock
Hayley Vanes
Karen Tyrer
Rachel Hull
Jackie Alexander
Lynda Andrews
Mary Wharton
Laura Leadbetter
Sarah Page
Lesley Frazer-Wilson

20 years

Christopher Evans
Carol Davison
Debbie Simms
Hayley Barker
Sara Morgan
Christine Belcher
Christiana Appiah
Debbie May

15 years

Loraine Brooks-Anson
Charles McCormack
Elizabeth Harvey
Darren Briggs
Henry Molyneaux
Duncan Jones
Duane Anstey
Diane Lawton

30 years

Sam Dutnall

giftaid it

I am a UK taxpayer and want MacIntyre to treat all donations I have made for the last 4 years and all future donations as Gift Aid donations.

Signature

Date

Name

Address

Postcode

Increase the value of all your donations for the last 4 years by 25% by filling in this Gift Aid declaration which allows use to claim back all the tax at no extra cost to you!

You must pay income tax or capital gains tax at equal to the tax reclaimed from the HM Revenue & Customs by MacIntyre in the tax year. Please send your completed form to:

MacIntyre, FREEPOST RLXH-YZTA-ZGYB
602 South Seventh Street, Milton Keynes MK9 2JA

Lottery

The latest winning numbers

July

First prize of £500: 10

Second prizes of £50: 376 and 689

Third prizes of £25: 441, 286, 216 and 260

August

First prize of £500: 32

Second prizes of £50: 23 and 299

Third prizes of £25: 47, 346, 187 and 265

September

First prize of £500: 116

Second prizes of £50: 459 and 69

Third prizes of £25: 45, 265, 5, 389

Not signed up yet?

The MacIntyre Lottery costs just £5 a month per number. You can play as many numbers as you wish. Every penny raised from the MacIntyre Lottery goes directly to benefit the people we support. You can even nominate your favourite service to receive your donations.

We look forward to hearing from you!

Contact: **Claire Kennedy**

Tel: **01908 357012**

Email: fund@macintyrecharity.org

All winners will be contacted directly by the Fundraising Team. All winning numbers are published here in each issue of The Ring and on MacIntyre's website.

The MacIntyre Lottery is licensed by the Gambling Commission under the Gambling Act 2005. MacIntyre is committed to responsible gambling. It is an offence to gamble under the age of 16.

I want to help make a difference to the lives of the children, young people and adults supported by MacIntyre

- I enclose my gift of.....
- I enclose my cheque made payable to MacIntyre
- I have completed the Gift Aid Declaration overleaf

Please send me more information about:

- MacIntyre Lottery
- Making a regular gift
- Fundraising events
- Fundraising ideas
- Volunteering
- Leaving a lasting gift
- Other (please specify)

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Email: _____

- Please do not send me further correspondence

Please send your completed form to:
MacIntyre, FREEPOST RLXH-YZTA-ZGYB
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