

# What is a life story



Anyone can make a life story



A life story is about you



A life story can make you feel proud



There are many ways to make a life story

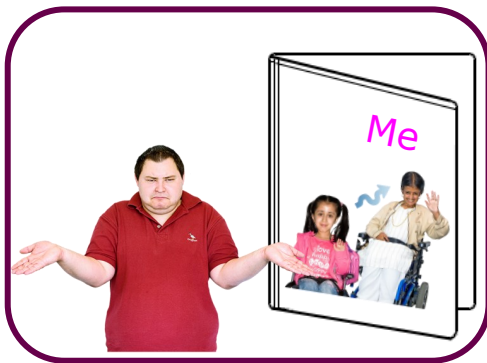




Everyone will have a different story



We all have a story



Life story is about these things



- Memories that you have made



- Things that are important to you



You can add new things to your life story



Your life story can help you remember things



You can show your life story to friends and family



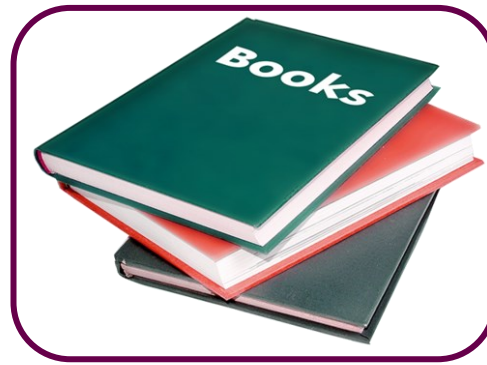
You will always have your life story



Life story can help you share what you have done in your life



Here are some ways that you can make a life story



- Books



- Photos



- Memory boxes



- Record your voice or yourself



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