



My plan for before I die



My name



Date of Birth



Date I finished
filling in this plan



I did this plan with



We will check this
plan again on



This information is private

This plan can be shared with people who support me like family and staff and health professionals
This is so they know what I want and can follow my plan



This is **not** a legal document

- it has what I want in it
- or what people who know me well think I want



My NHS number is
NHS means National Health Service



A next of kin or advocate is someone who can speak up for you

My next of kin or advocate is



Their address is



Their phone number is



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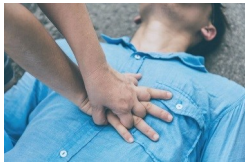
Part A

My Plan Before I Die



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hospice

Power of attorney

cremated



Some words in this form are difficult

cremated



We have tried to explain the difficult words

cremated



If you need support to understand any of the words you can ask your staff to help



Making a plan for when I die

We know all people die at some time



Some people are very old when they die

Some people are **not** very old when they die



Lots of people like to have a plan for when they die



This means things can happen the way you want them to



This means you have taken control





Making a plan about when you die
may be difficult
but it is very important



Your staff can help you with this plan



Other people can help you with this
plan

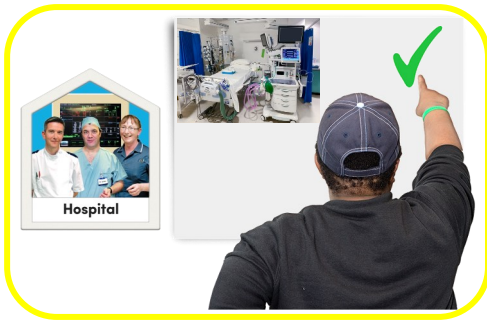
- your family
- your special friends
- your doctor



There is lots to think about when
making a plan about your wishes for
when you die

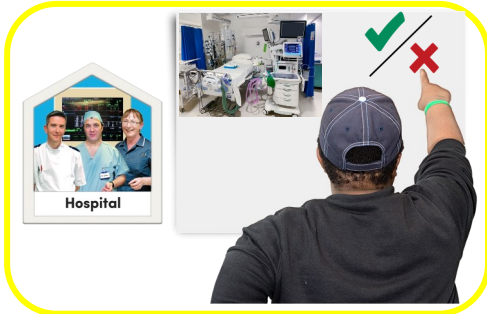


You can make this plan slowly if you
want to



You can make choices about your hospital treatment now for things that may happen later

This is called an **Advanced Decision**



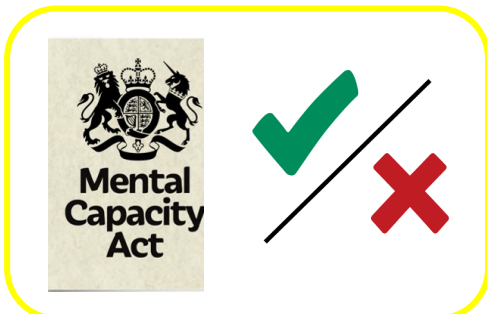
You can choose **not** to have treatment from doctors or the hospital

This is called an **Advanced decision to refuse treatment**



This is a very important choice

You must be over 18 years old to make this choice



You must be able to understand what this choice really means

This means you have **mental capacity**



You can make this choice with the help of a doctor or a lawyer

They will help you



The Advanced Decision will only be used if you can **not** make a choice when you are ill



Being Resuscitated



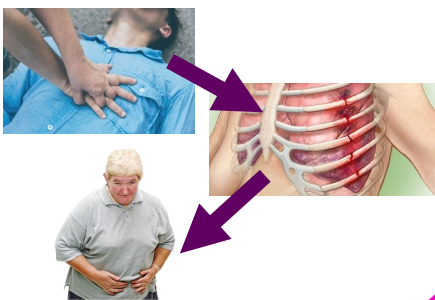
You can make a choice about being resuscitated

Resuscitate means bring back to life



Resuscitation could be

- CPR
- Medicine
- Other life saving treatment



CPR is **not** easy or nice

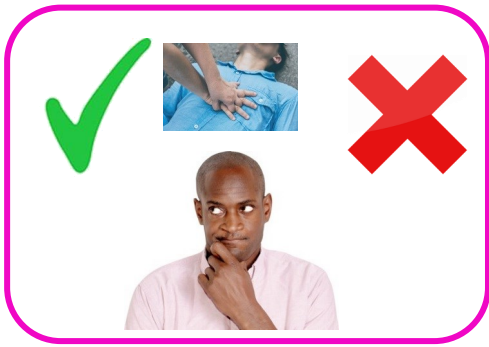
It can be sore while you are getting better

but sometimes it can bring people back to life



Some people want CPR

Some people do **not** want CPR



You can choose if you want CPR
There is no right or wrong choice
It is up to you



Sometimes medicine can help save a life
Medicines can have horrible side effects but sometimes they can make people well again



Some people want these medicines
Some people do **not** want these medicines



You can choose if you want these medicines
There is no right of wrong choice
It is up to you



There are other life saving treatments like

- Ventilator
- Technology life saving devices
- Artificial hydration and nutrition



Some people want life saving treatments

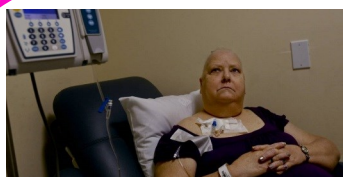
Some people do **not** want life saving treatments



You can choose if you want these life saving treatments

There is no right or wrong choice

It is up to you

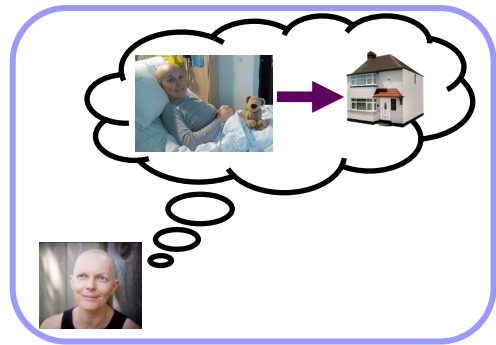


Are there any other life saving treatments you do **not** want





Where I want to be when I am very ill or dying





You can choose where you would like to be when you are really ill



If you are very ill and you can **not** look after yourself which of these would you think about living in





Your home

 Yes	 No





Your parents home

 Yes	 No




A hospital

 Yes	 No





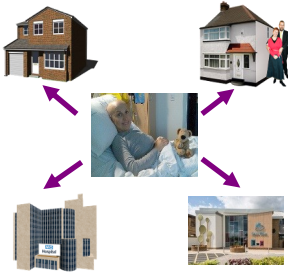
A hospice - this is where people can be looked after when they are very ill

 Yes	 No

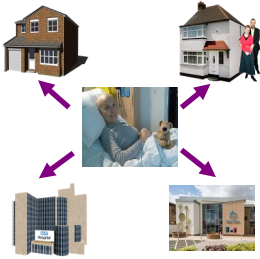


A nursing home

 Yes	 No



Where would you be **most happy** if you were too ill to look after yourself



Your choice may **not** be possible but MacIntyre will try their best to do what you want



Professionals call this place my preferred place of care



You can choose where you would like to be when you are dying



If you are dying which of these would you think about living in



Your home

Yes	No



Your parents home

Yes	No



A hospital

Yes	No



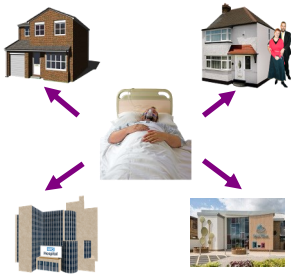
A hospice - this is where people can be looked after when they are very ill

Yes	No



Nursing home

Yes	No



Where would you be **most happy** if you were dying



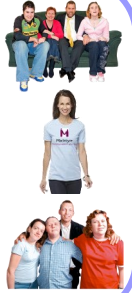
Your choice may **not** be possible but MacIntyre will try their best to do what you want



Professionals call this my preferred place of death



You can have people with you when you die



These are the people I want with me when I die



Name



Address



Phone number

This is my



Name



Address



Phone number

This is my



Name



Address



Phone number

This is my





Life decision maker

Also called Health and Welfare Lasting Power of Attorney and Property and Financial Affairs Lasting Power of Attorney



A Life decision maker is someone you can choose to make decisions for you. They will make decisions when you can **not** make decisions for yourself anymore.



You can ask the Life decision maker to make decisions about different things.



Decisions about

- Health and wellbeing like
 - medical care
 - moving house
 - what to eat
 - what to wear



Decisions about

- Money and things like
 - paying bills
 - collecting benefits
 - selling your home



You can have more than 1 Life decision maker.

The Life decision maker must be older than 18 years old.



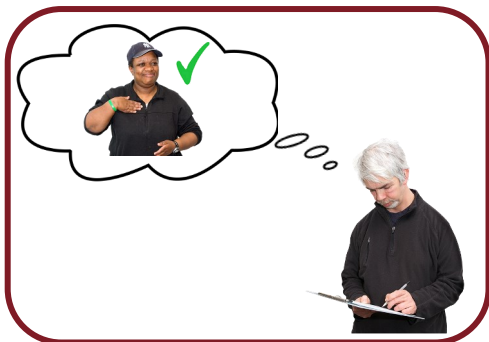
The Life decision maker can be

- a family member
- a friend
- a professional like a lawyer



The Life decision maker must be able to make the decisions that you need

This is called **mental capacity**



You will sign a form when you ask someone to be a Life decision maker and make decisions for you

The form is called **A Lasting Power of Attorney**



If you do **not** have a Life decision maker then decisions will be made by people like

- your family
- your doctor

This is called Best Interest Decisions



To find out more go to

www.gov.uk/power-of-attorney



I have a Life decision maker to decide what will happen about my health

Yes	No



If yes

fill in the boxes about your Life decision maker for health

Name

Address

Phone number



I have a Life decision maker to decide what will happen about my things and money

Yes	No



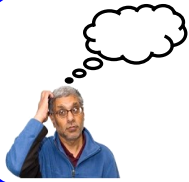
If yes

fill in the boxes about your Life decision maker for things and money

Name

Address

Phone number



Thinking about

Ways doctors might try to help me



This is how I feel about taking tablets

Things like

- with water
- crushed
- with help



This is how I feel about having injections

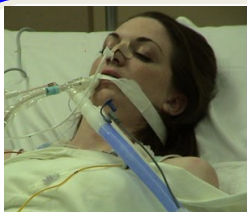
Things like

- I need support
- I need extra time





This is how I feel about being in hospital instead of at home



This is how I feel about having tubes put into me to help me eat or drink or take medicines



This is how I feel about

- having operations
- being cut open





This is how I feel about having medicines or a machine to help me breathe





What needs to happen next



This page is for planning
What do I want to know more about
How will staff help me with this

Insert picture

We will



Insert picture

We will



Insert picture

We will



Insert picture

We will



Your name



Staff name

